

FOUR PATTERNS. 3-Gore SKIRT, Pleated House BLOUSE, Light Kimona WRAP, Baby's Crawler OVERALL

MYRA'S 3^d

Journal

The Leader of Fashion.

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Patterns.



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Myra's Journal.

SEPTEMBER, 1908.

PROFUSELY ILLUSTRATED.

Early Autumn Number.

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AN INFANT'S LAYETTE.

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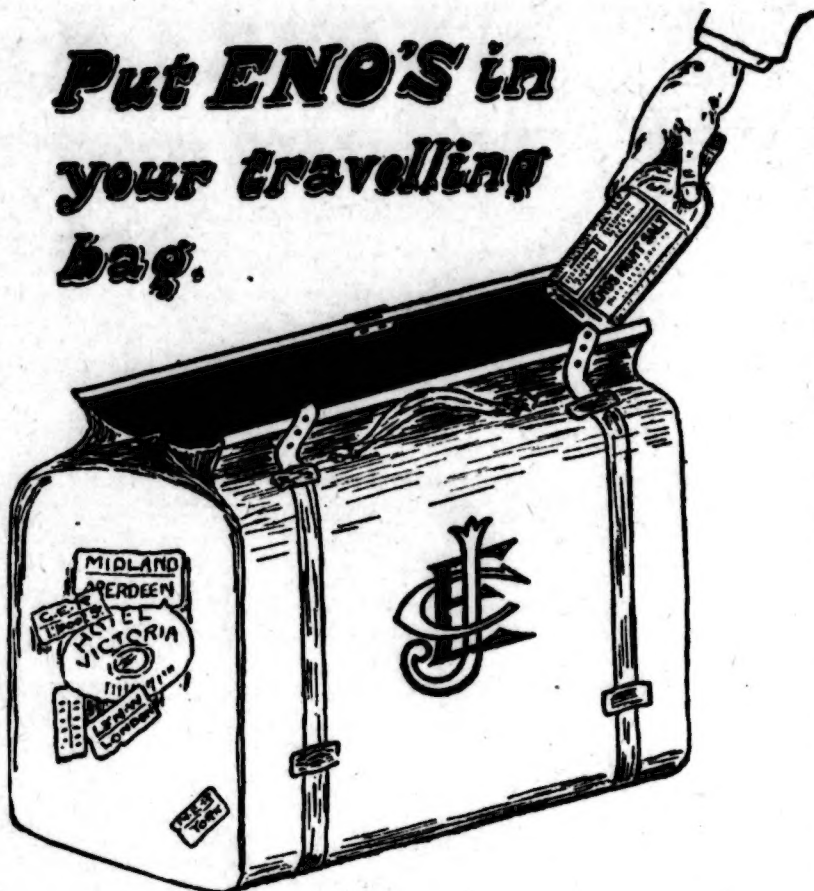
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NEWS FROM FASHION CENTRES.

FROM
VIENNA, PARIS, &c.

SOME of the new millinery is very pretty. The shapes are pleasing and becoming, and, fortunately, a great many of the best models are free from the exaggeration which disfigured the spring and summer models. The smaller travelling hats are very smart, in straw or felt. The felt models are expensive, as a very soft, light, supple felt is used, of very pale hue.

The hat with wide brim, bent down all round, in Panama or light straw, is admirable for Continental travelling in September, when the sun is still very warm, and when a sunshade—as in yachting or mountain climbing—is out of the question.

A great deal of alpaca has been made up into smart travelling gowns and wraps. Alpaca, if shower proof, or at least immune to the devastating effect of wet on the ordinary alpaca, is an admirable fabric for the purpose, because it is dust-resisting—a quality which has made so many of the comfortably-off American ladies select taffetas as a pre-eminent fabric for travelling dresses. Dust never sinks into navy alpaca as it does into navy serge, and women prefer navy to grey very often, as, if there is one shade in which every woman looks her best, it is a rather bright shade of navy. The almost black shade of navy blue is far less beautifying.

Undoubtedly it is the taste in dress of American women to which we owe the great improvement in our own travelling modes. The Americans first evolved the very smart deck or dust cloak to replace the shapeless, dingy, half-soiled coats which the average Englishwoman considered quite good enough up to some ten years ago.

In selecting pretty details of dress for the travelling or visiting outfit, the possibilities of the sash must not be omitted. One method of draping the sash is shown on page 36. A sash of the skirt colour wound about the blouse waist can often take away from the incongruity of a contrasting blouse and skirt for smarter wear (at casino or table d'hôte) when we are on our travels.

Although a contrasting blouse and skirt, or even those which "tone," are not good form, many travelling and shooting costumes have a coat and skirt which merely tone with each other. The coat is of tartan, and the skirt of "toning" plain cloth; or the tartan provides the skirt, and the cloth is cut into a coat. A plaid blouse and plain skirt is not considered so good in effect, though it is often seen in the Highlands, where ladies are hard put to it to utilize the family tartan which provides husband and son with so picturesque a national dress. The tartan, of course, can always form a sash, but here, again, a harsh note is sounded, and at Highland balls many of the ladies prefer to wear only the family badge, as the tartan scarf, no matter how well arranged, is an incongruous and not beautifying note in their lovely white satin gowns. But on the moors the tartan coat or the tartan skirt (especially the latter) is often seen. A tartan coat requires very good cutting, as the stripes are large, and look terrible if taken out of the correct level by a bad cutter.

The pèlerine is going to be a feature of the autumn and winter styles, of the type of the pretty light Kimona Wrap (see page 25), which forms the subject of one of our four Free Patterns this month. They are of all sizes and materials, and will figure largely in fur for the winter. Although it seems a very unfit season now to refer to furs, these beautiful details of winter dress are all mapped out for our benefit in a month or two. A very beautiful example of the kimona pèlerine is of caracul and ermine, but this subject of fur models must be deferred to a future number.

The shawl, undoubtedly, is about to play an important part, but in a draped and transformed fashion. Charming blouses are being made of little lace shawls—some $\frac{1}{2}$ yard square. One model had the $\frac{1}{2}$ yard lace shawl drawn across the shoulders of a net blouse, prettily draped up on the bust, and reaching the elbow. The shawl cannot reach the front of the blouse, to hang in graceful points, so that a small vest of

embroidery or another lace is generally mounted on the front of the net blouse. The drapery pleats should be held by smart rosettes or tasselled *motifs*, preferably the latter.

For the present the kimona wrap is being carried out in shantung or *drap souple*. It is seldom closed, being often carried over the arms in a manner which recalls the little *carte-de-visites* of our mothers and grandmothers in their shawls. It is a pretty thing to wear over a high-waisted Directoire dress, which is an unsuitable model for the streets, though many ladies—mature and young girls—persist in wearing it out of doors. It should be kept in mind that the Directoire dress is not for all occasions nor for all figures. Stout figures look their worst in a Directoire clinging robe, which, on any figure, only looks the correct thing for evening or tea-gown purposes, or for an afternoon reception dress.

Many people are asking if the Directoire dress is *really* going to be adopted by average people. Certainly; it will figure largely in the indoor and evening modes of quite modest people, but, of course, with modifications. Its feature is the high waist (high at the back chiefly) and its long, clinging skirts, which drape the figure *à la grecque*; hence very thin or special petticoats must be worn. The notion that the audacious split skirt and tights of the sensation-bringing *midinette* is to be adopted of course is a fallacy. But a certain clinging and moulding of the figure (not by tightness but by superlatively soft folds) is a necessity of the style, hence a necessary warning to the stout to avoid it.

As a consequence of this Directoire style the autumn and winter materials for evening wear are to be exceedingly light and delicate of texture. Velours mousseline will be preferred to Lyons velvet, though this last beautiful fabric will remain a favourite for princess gowns of more ordinary type, suited to the majority of matrons past their youth.

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An Infant's Layette

(For Illustrations see pages 29 and 31.)

INFANTS' clothes are showing an agreeable diminution in luxury. From the first the garments are only semi-long, which enables the infant to wear the same things for many months. In some cases the skirts are short enough to serve for the "short-coated" layette required three months later; but, even when longer than this, the short-coating process needs only a small piece off the top of the skirt. The bodices are made therefore longer and very roomy, drawn up on runners, so that they hold the child's increasing bulk. The flannels, for the same reason, lap well over. Many have a pleat down the back which can be let out.

No. 7814 (the Layette) includes figs. 1-7, in the illustration on page 29. No. 7817 on page 31 also belongs to the layette.

The American fashion of having everything to fasten in front does not seem to take on here, where the back fastening is almost universal, except for flannels.

Fig. 2 shows a very good first flannel, which laps well in front and has a pleat at the back, where bodice and skirt are cut in one. This is cut long, because the end laps over and ties with strings to protect the child out of doors—the shorter clothes are apt to be a risk to the very young baby, especially in the winter. A half-width of flannel makes each side of the skirt, and the mitred central back pleat takes another half width. The pleat is stitched down, and there is no fulness in the skirt where it joins the bodice. No white petticoat is worn at the earliest, except under a transparent elaborate robe. The ordinary nursery dress and night-dress (fig. 4) are not transparent, being of very fine cotton or linen fabric, trimmed with a little soft frilling and embroidery (never put where it might touch and irritate the infant's skin). The style is of the simplest—a width of the material doubled over to form the shoulders, and mitred near the top to fit loosely across the child's body. The fulness is gathered beneath a band of embroidery in front (fig. 4), beneath which the hemmed strings (to tie at the back) are secured. The lower edge (two full widths) is tucked, and has a broad hem. There can be a collar, but this is rather hampering to a child. A little frill is better, though less pretty.

Fig. 5 shows the robe—a double-width of nainsook gathered into a yoke of fine broderie decorated with lace medallions, insertion and edging. There is a flounce at the lower edge to give a look of extra fulness. For those who prefer the older conventional style of robe, fig. 7 is a good model, of nainsook decorated with diagonally tucked bands, lace flounces, &c., and a rich sash.

Under its flannel the child wears a flannel binder (not hemmed, merely torn from the roll, fig. 8), and a little fine knitted woollen vest, which is generally bought ready made.

Fig. 6 shows a new and very protective bib of double piqué, stitched together and



No. 7775.—A SMART TRAVELLING GOWN.

For Description see pages 30 to 35.

Price of Paper Pattern, Pleated Skirt, 1s. 0³d.; Foundation Skirt or Coat, each 6³d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 7776. — FOR THE MOORS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Skirt or Coat, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

edged with Valenciennes. It buttons round the neck, and has two ends, which button round the waist. It is edged with Cash's Frilling.

Fig. 1 illustrates a pretty but simple pelisse of white cashmere lined with silk, tying with ribbon bows. The cape has pretty ribbon appliques, and a lace flounce headed by ribbon-threaded beading. The circular skirt is set plain into the little bodice, which has long sleeves. The hood is of white satin and lace.

No simple layette should be without a "slip-skirt" (see page 31). This is two widths of nainsook, smartly tucked and trimmed with lace, edged with a lace flounce. The top is gathered into a band, covered with broderie beading with meshes wide enough to take the ribbon runner. The skirt is slipped over the nursery dress for out-of-doors (the pelisse always shows the dress more or less) or for unexpected visits to the drawing-room, when a pretty silk tea-coat covers the bodice of the nursery dress.

Clothes for the Year-Old Baby.

(For Illustrations (No. 7815) see figs. 8-15, page 29.)

A noticeable point in the pretty frocks, pinnies, and petticoats worn by toddlers is that the waist is either very low or is in Empire style—with no waist at all. Fig. 12 shows a typical frock, made of white cashmere, finely tucked into a scalloped yoke, which is embroidered with white silk. The white satin sash is tied very low on the dress, which is edged with lace. The little sleeve, on a smaller lining, has an embroidered cuff.

A pretty pelisse for the toddler is shown at Fig. 13, made of the finest white serge, silk-lined, edged with flounces of white silk broderie anglaise. The pelisse is of Empire type—skirt set plain into the bodice. The pelisse buttons down the front.

The sash tied low, as in the frock fig. 12, requires a low-waisted petticoat (fig. 10). The bodice is the chief part, the skirt being a mere frill edged with lace.

Fig. 11 is a dainty little muslin overall, to smarten a plain nursery frock. It is tucked into a yoke of broderie anglaise, and has a full epaulet sleeve, edged with broderie. It buttons at the back, and in summer time would serve as a frock over a petticoat.

Fig. 9 is a good model of the first drawers, to be worn over the necessary towel. The legs are feather-stitched, edged with Cash's frills or lace. There is no opening, as the drawers are slipped on and the top band is drawn up with a runner.

A pretty but simple tea coat is illustrated at fig. 15, made of fine white serge, edged with hemstitched silk frill. The edges above the frills are embroidered in spots with white silk in satin-stitch.

Fig. 14 shows a dainty little pair of shoes in embroidered white kid to wear with openwork white socks.

A Crawler Overall is a very necessary part of the year-old baby's outfit. A Free Pattern of it is given away with this number (see page 25).



No. 7777.—A BRAIDED PRINCESS DRESS.

For Description see Pages 30 to 35.

Price of Paper Pattern, 2s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



TWO SMART TRAVELLING GOWNS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Skirts, Foundation Skirts, or Coats, each 6¹/₂d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

ANGELITA.

BY ATHOL FORBES

(Author of "Cossock and Comedy," "A Son of Rimmon," &c.).

BUT, my lad, you will surely admit this is a serious matter, a very serious matter—"

"I am not disputing that for one moment, sir; it is serious, as you say, and I am pleased to know that you take this view of the matter. I was afraid you might think it a mere case of—of—"

"Calf love," suggested the other with a smile.

"Exactly," said the younger man. "Now you know differently."

Dr. Plummer bit his lips with vexation for he felt that his pupil had not, so far, got the worst of the encounter, but he returned to it again while the lad, for he was not much more, watched him, his nostrils quivering with excitement.

"My dear young friend, the whole thing is ludicrous if you but look at it for a moment. Here you have not been a week in Spain, where we are beginning a year's travel that is to complete your education under me, and you talk of marriage—tut, tut, sir. Impossible! the best thing we can do is to pack up and leave before further mischief comes of it."

"The mischief is done, Doctor, and 'impossible,' 'ludicrous,' are hardly the words—"

"It would appear that I am the pupil and you are the tutor," remarked Dr. Plummer icily. "You know the old Spanish proverb: 'Before going to war say a prayer: before going to sea say two prayers: before marrying say three prayers.' My head is a little older, if no wiser, than yours," and the Doctor coughed in his regular college don fashion.

"In a matter of this kind I claim to be wiser, for what can an old celibate like yourself know of love? You are a woman hater."

A shadow passed over the old man's face, and he shook his head. Never before had his pupil thwarted him or questioned his ruling, and he could not bring his heavy artillery to bear upon him as effectively as he wished. But a very serious responsibility rested upon the Doctor's shoulders, for Mr. Bertie Woods, aged nineteen, had announced his intention of remaining on in Madrid, for the purpose of paying court to

and marrying some woman whose face he had but caught sight of in a crowd.

"Doctor," he said more gently, "she is charming enough to thaw even your frozen heart. Ah! her step is music and her voice is song," and the light sparkled in the lad's eyes as he recalled the vision.

The Rev. Alfred Plummer, D.D., gave a gesture suggestive of impatience and hopelessness. "Bertie," he said sternly, "this is not, I believe, the first time you have been in love."

"I never felt the wild joy of living until

one would fain imagine had come straight from paradise. When I close my eyes I can see it. She is my affinity."

"Good Heavens! is this the result of all my teaching?" ejaculated the doctor.

"And the music of her voice! shall I ever forget it," he went on, regardless of his tutor's interruption.

"Then you have spoken to her," he snapped.

"I heard her voice in the music of the Mass this morning in the Cathedral."

"Have you spoken to her?"

"No."

"Thank God!" was the pious comment.

"But as she came out at the close of the service I held back the door for her to pass, and she thanked me. Now you know all I can tell you."

"Does she look a lady?" demanded he.

"Judging from her dress and her manner I should say she is, and as a grand carriage was waiting for her at the entrance I should say she belongs to some noble family."

The Doctor snorted and muttered something about lunacy and the treatment of lunatics generally and one in particular.

"May I ask what you propose doing next?"

"I am going to the Cathedral now. I heard her tell a poor woman to meet her at the door before Vespers: from that I gather she is going to that service. Come with me and see for yourself. To see her devotions will do you more good than any sermon."

"Yes, I will come, he replied, after a pause. "You need some one to look after

you." In his mind he resolved to wire next day for Bertie's mother, and meanwhile not to allow his young charge out of his sight.

Later in the day he stood outside the great cathedral, listening patiently to his pupil's raving, while forming various schemes which had for their end the rescue of the love-smitten youth. The task would have been easier if Bertie had had a father living, but he had died when the boy was yet in the nursery. While still wrestling with the problem his arm was clutched by his pupil. "See!" he cried, "she comes, this is the carriage, I am sure."

The equipage came on at a quick trot,



No. 7780.—A SILK MUSLIN BLOUSE FOR THE VISITING OUTFIT.

For Description see Pages 30 to 35.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

now," was the quick response, "until the day I saw her."

"And you have the recklessness to talk of marrying a woman you know absolutely nothing of, and whom you have seen once in your life."

"Twice," corrected Mr. Woods, as if it placed a very different complexion on the case.

"Well, you had better wait, and see a few more. She is not the only perfect woman in the world. You will see lots before you settle down, lad."

"No, sir," he said seriously. "It is the face that has haunted me in my dreams—a face beautiful and ethereal—a face that

"I am delighted with your journal and shall take it regularly."—H. P.

and drew up sharply in front of the big doors where they stood. A crowd of beggars flocked round her, to whom she threw a handful of small coins. With lowered eyes, and without a glance right or left, she passed up the steps, while young Woods ran forward to raise the pad that closed the small entrance.

She acknowledged his bow with a quiet, subdued smile. As the doctor gazed he drew in his breath: so fascinated was he for the moment that he walked straight into the cathedral without taking his eyes off her for a single second.

"Have I exaggerated?" gasped the young man, seizing his arm. "Does she not seem too divine?"

They stood watching her as she swept down the nave with the dignity of a queen, then they stole down and took up a position immediately behind her. Once she turned round as she knelt, displaying a soft white throat as she removed a light gauze shawl, which she wore loosely over her shoulders.

"Hush!" whispered the doctor as his companion went off into ecstasies again. "Remember you are in church."

"She might have stepped out of some canvas where the saints are depicted in Glory," he went on.

"Bertie, Bertie," and the Doctor coughed, "really such talk is out of place, but I will admit she is very beautiful." He knew this made his task more difficult.

"Ah! such grace, such delicacy," sighed Mr. Woods as he knelt down.

The doctor mopped his head with his handkerchief. At a well known English university his name was one to conjure with; in the great school of life's experience he was a mere infant. The more he thought of the problem confronting him, the more nervous he became. Yet something had to be done, and that quickly.

Meanwhile his companion's whole soul seemed to be absorbed as he sat and gazed.

Suddenly an idea struck the Rev. Dr. Plummer. Then, as he considered it, he gazed cautiously round the church, for he contemplated doing something which would ruin his reputation as a clergyman if known and reported in England. The service had then concluded; the organ was rolling out the closing voluntary, people were beginning to move out, and he knew there was not a moment to be lost.

A second later Mr. Bertie Woods was astonished to see his tutor dive into a confessional box. At any other time he would have stood and rubbed his eyes to see if he were really awake, but on this occasion his attention was due in another quarter, so he hurried out.

Now when Dr. Plummer entered the confessional box, he was so overcome with the tremendous responsibility of the step he had taken that he was breathless with excitement. He thrust his hand through the little aperture, and astounded the slumbering confessor by seizing him by the wrist. He wakened up with a start, and at once began to investigate the person, as well as the cause of such a liberty.

"English?" he questioned, as he put up the little shutter and peeped through.



No. 7781.—PRETTY TRAVELLING OR CYCLING DRESS.

For Description see Pages 30 to 35.

Price of Paper Patterns, Skirt, or Coat, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"Yes; for Heaven's sake come out and help me," gasped the doctor.

Fortunately for him the confessor was a son of Erin, good-hearted, only too anxious to assist anyone in distress.

"Who is that lady?" he said. In his excitement he made rapier-like thrusts with his umbrella in the direction of the retreating Spanish beauty.

"Ah! the tall woman dressed in black with a youth by her side?"

"Yes, yes," ejaculated the doctor.

The priest laughed quietly to himself. "Ah! everyone knows her. It is Angelita. Have you not heard of her? Is it possible?"

"Goodness! you cannot mean it!" gasped the doctor suddenly. His companion laughed softly, nodding his head in confirmation.

"Then this is a day of surprises," and Dr. Plummer took out his pocket handkerchief and mopped his head.

A few minutes later he had joined his pupil outside.

"You are too late, she has gone," he said. "A grand carriage was waiting for her or I should have followed to find out her abode."

"Bertie, would you care to go to a bull fight?"

It was now the young man's turn to stare, and he did, for he never dreamed of such a proposal coming from him.

"Don't stand staring like that: tell me," said his reverence.

"But are they not very horrible and brutalising? I don't really think I should care to witness one. You of all people to propose it, doctor! Well, I may never be in Spain again, so I have a desire to go to a bull fight, just for once in my life."

Bertie Woods thought of this proposal in conjunction

few minor shows, which the people, one could see, tolerated because of something great to follow. Suddenly there were cries of "Angelita."

"Listen," young Mr. Woods whispered. "They call 'Angelita.' I learnt that was the name of the lady while you were in the church."

"So did I," remarked his tutor drily.

"Surely so spiritual a being cannot be coming to a spectacle of this kind—it is impossible," and Mr. Woods' face fell.

"Angelita! Angelita!" shouted the people, and Mr. Bertie Woods' heart beat violently.

"Ah! now she is coming. Now! Now! watch yon entrance." A Spaniard in his enthusiasm stood up and waved his hands. "But wait until you see her bury her sword—hiff! in the neck of a bull," and he made a suggestive gesture. "She is the greatest torera in Spain. Madrid does not possess her equal, but," he went on lowering his voice, "it is dangerous work. Twice a day she goes to the cathedral to prepare her soul for all accidents. It is just as well, for some time—Ah!" he broke off. "see! see! there she comes."

The blood went out of Mr. Bertie Wood's face: his lips grew white.

"Take me away, Doctor," he whispered, "now at once. I am quite disenchanted."



No. 7782.—A FILET NET BLOUSE.

For Description see Pages 30 to 35.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

The doctor shook his head.

"Not until to-day."

"And you want to know her? To be presented?" said the priest.

"Hardly that. I wish to know more of her. It is a matter of life and death—an infatuation which must be dealt with at once, it concerns the happiness—"

"But you are old enough to be her grandfather, I should say," remarked the priest with the lurking suspicion of a twinkle in his eye.

"Gracious Heaven!" and the doctor blushed. "I am not the infatuated one. It is a young friend of mine, committed to my care, whose education has been in my hands since his infancy. I stand 'in loco parentis' in fact."

"Come this way," and the ecclesiastic beckoned him aside, and whispered something in his ears.

with the fact that his respected tutor had just come out of a confessional box, with the result that he found himself wondering whether it was sunstroke or drink.

"It is after all an experience: it is also one of the national sights—so, perhaps, it would be as well. We need not mention the fact in England," added the doctor—"it would not be expedient."

Thus it came to pass that Dr. Plummer and Mr. Bertie Woods occupied two important seats that same evening at a Spanish bull fight in Madrid.

First of all came a



No. 7783.—A KIMONA BODICE.

For Descriptions see Pages 30 to 35.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

No. 7781

No. 7785



No. 7786

No. 7787

CHARMING BLOUSES FOR THE AUTUMN VISITING OUTFIT.

For Descriptions see Pages 33 to 35 and Page 40 (No. 7787).

Price of Paper Patterns, each 6 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

A Knitted Golf Jacket.

By MRS. E. HAMER JACKSON.

THESE knitted coats in all sorts of shapes and styles are now so fashionable and popular that their name as "golf jacket" only remains as a distinctive title which perhaps gives to the useful garment a subtle sense of the correctness and smartness of attire which distinguishes the handlers of golf clubs and balls.

These hand-knitted garments are usually costly, however, and often beyond the reach of those who only possess a limited dress allowance. Fortunately they are quite

purl 1, and at the end knit 2 together, and decrease like this at the armhole until you have decreased 28 stitches altogether. Continue for 22 rows without decreasing, then cast off 18 at the buttonhole side and knit 1, purl 1, to the end, turn, knit 1 purl to the end, turn; cast off 16, knit 30 rows for shoulders and cast off.

Left side: Cast on 128 and work as before, without any buttonholes, and, of course, the armhole at the other side of your work.

Back: Cast on 172 stitches.

1st row: Knit 1, purl 1 all the row, turn.

stitch, * purl 1, knit 1, repeat from * to the end.

Fifth row: Knit 1, purl 1.

Sixth row: Knit 1, purl 1.

To continue increasing until you have 172, repeat from first to sixth row.

Cast off 18. Knit 1, purl 1, to the end.

Cast off 18. Knit 1, purl 1.

To continue increasing until you have 172, repeat from first to sixth row.

Cast off 18. Knit 1, purl 1, to the end.

Cast off 18. Knit 1, purl 1, to the end.

Decrease 1 stitch at each end, as you decreased in your fronts, until you have decreased 6 at each end, then knit sixteen rows, knit 1, purl 1, then increase as before, 8 at each end.

Shoulder: Decrease by knitting 2 together at the beginning and end of every row until you have 84 stitches left. ° knit 2 together, knit 1, ° repeat from ° to the end of the row, then cast off.

Sleeve: Cast on 140.

Knit 1, purl 1, turn.

Knit 1, purl 1, turn. Continue this for 144 rows, then decrease, knit 2 together at the beginning and end of each row for 50 rows, then at the beginning, only for 20 rows, then cast off the stitches left.

The second sleeve is done in the same way, sewing up carefully from the end of the first decrease.

For the plain bands which form the straps and front cast on 15 stitches, knit a strip of garter stitch the length necessary to go round the neck and down the front, then for the 2 side straps up the front and down the back, also for the belt casting 20 stitches instead of 15.

When sewing the straps on, leave 2 inches for waistbelt to go through, then put the strips round the neck and down the front, turning the neck corner carefully.

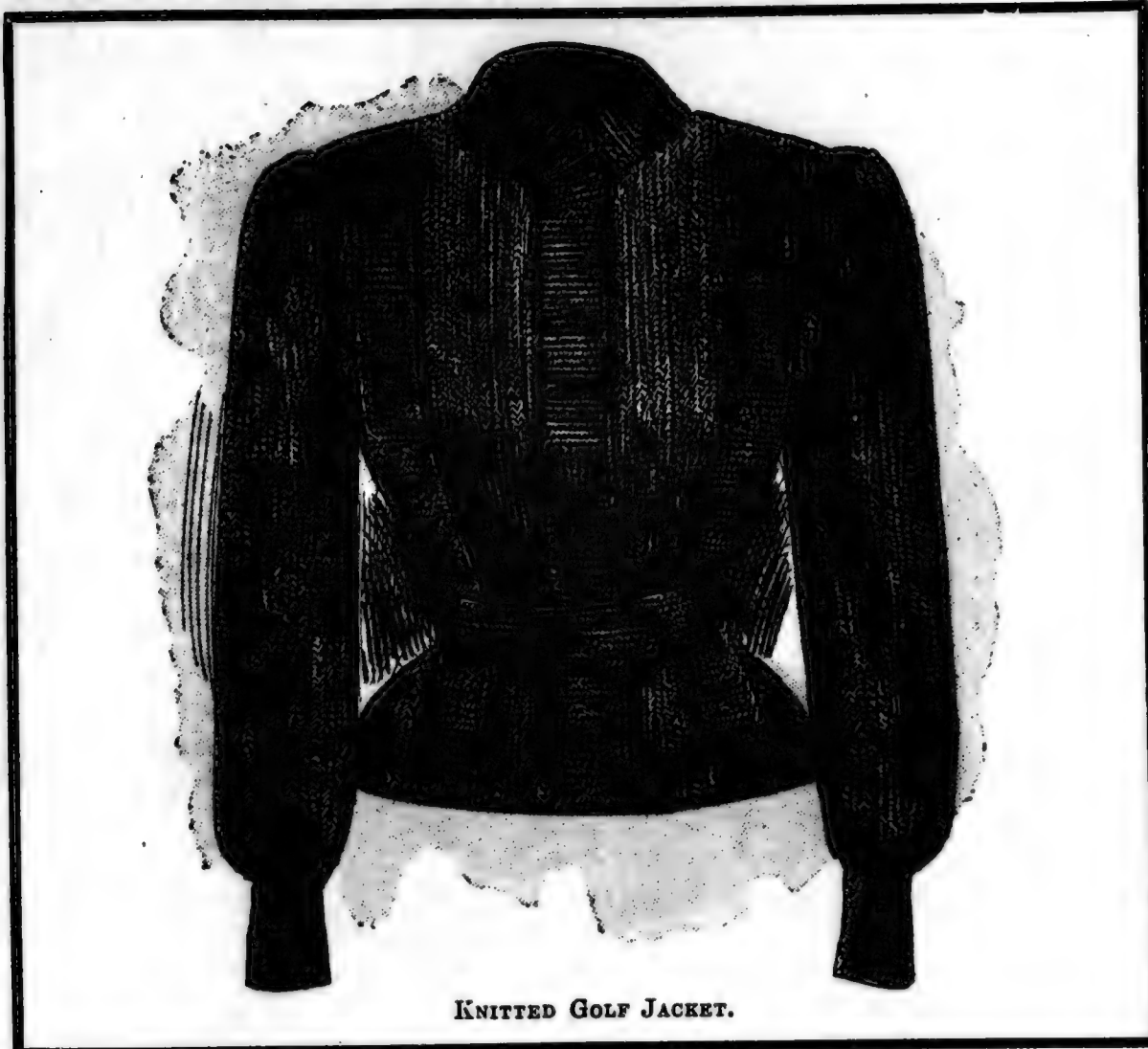
For the cuff, cast on 60 stitches, and knit in garter fashion until you have the length desired, about forty rows, then cast off and sew up neatly, then join to the sleeve. The cuff may also be made in one with the sleeve by picking up 60 stitches at the end of the sleeve on three needles, and knit round a rib of knit 1, purl 1, forty rows and cast off.

Pearl or bone buttons should be put on, putting a false hem right down the front, to support the buttons and prevent stretching of the work. When putting the sleeve in remember to keep all the fullness at the top.

ATTRACTIVE CONTINENTAL TOURS.

For the professional woman no short holiday is more recreative, invigorating, and instructive than a little trip on the Continent. The cheapest trips, perhaps, and the most interesting for the money, are obtained in Belgium, via Harwich and Antwerp. The old Belgian cities are most interesting to Englishwomen because of their connection with our warrior king, Edward III. and his knightly son, and the scenery of the Meuse and the Lesse, though on a smaller scale, are as beautiful as the famous Rhine Valley. The Great Eastern Railway Company have issued a new booklet on "Holidays in Belgium and the Belgium Ardennes," by Percy Lindley. The booklet can be obtained from the Publishers, 30, Fleet Street, London, E.C.

"I like Myra's the best of all English, French or German papers."—Mme. P. T., Budapest



KNITTED GOLF JACKET.

easy to knit, and a little patience and some leisure will be sufficient to see anyone through the interesting task.

About 18 skeins of ordinary 4-ply Scotch fingering are required, with 3 skeins of petticoat yarn, and 4 needles, No. 12. (For materials send to Head and Sons, The Golden Tassel, Sloane Street, W.)

Cast on 128 stitches in 4-ply for right side of front, and knit 1, purl 1, turn; knit 1, purl 1, turn.

For the buttonholes: Knit 1, purl 1, until 16 from the end of the row. Cast off 4, purl 1, knit 1, purl 1 to the end, turn; knit 1, purl 1, cast on 4, knit 1, purl 1 to the end. Knit 26 rows between each buttonhole, and you want 6 buttonholes. After you have knitted 16 inches between the 4th and 5 buttonhole you make the armhole by casting off 18 at the other side, knit 1, purl 1 to the end; turn, knit 1,

2nd row: Knit 1, purl 1 all the row, turn. Repeat this row 4 times.

7th row: Knit 2 together, * knit 1, purl 1, repeat from *.

8th row: Knit 2 together, * knit 1, purl 1, repeat from * and at the end knit 1.

Ninth row: Knit 2 together, * purl 1, knit 1, repeat from *.

Tenth row: Knit 2 together, * purl 1, knit 1, repeat from *, and at the end purl 1.

Repeat these four rows until you have taken in at each side.

Knit 1, purl 1, for thirty-four rows without decreasing.

Second row: Knit 1, purl 1, increase a stitch, * knit 1, purl 1, repeat from *, and at the end purl 2, knit 1, purl 1.

Third row: Knit 1, purl 1, increase a stitch, * purl 1, knit 1, repeat from *, and at the end purl 2, knit 1, purl 1.

Fourth row: Knit 1, purl 1, increase a

No. 7788

No. 7789



TWO WALKING COSTUMES FOR COUNTRY HOUSE VISITS OR TRAVELLING.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirt 1s. 0^d. ; Skirt, Foundation Skirts or Coats each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

How to Become a Teacher of Dressmaking in a L.C.C. School.

BY "KATHYN."

THE girl who decides to strike out a line for herself can do far worse than try to earn her living by becoming a teacher in a London County Council evening school.

There are various subjects she could enter for, but I should strongly advise her to take up "home dressmaking." A girl is naturally clever with her needle, and, like myself, has probably had great experience in cutting out and making children's garments, both for indoor and outdoor wear, also in making her own dresses, &c.

Some people seem to have an idea that a married woman would not be accepted as such a teacher, but that is a mistake. I think a woman who has had the bringing up of a family possesses much of the experience which fits her for the post—such as power of discipline, patience, economy in cutting out, and tact in dealing with the various ages of the students. In the same grade (or class) she might have a mother and daughter, or half a dozen young girls ranging from fourteen to eighteen years, and perhaps about eight to ten women of any age from thirty-five to forty-five all doing the same class of work in a variety of ways. To keep such a class attending regularly is a strain on a young woman or teacher, whereas an older person would know from experience how to keep the interest of all her class, which is really one of the chief points to attain.

The great drawback in a L.C.C. evening school is the average attendance. All teachers would tell you what an anxiety this is. The rule is that for three successive weeks the class for a single teacher must not average below eight persons, and for a teacher and assistant below sixteen. If numbers fall below this the class is closed, and the teacher or teachers lose their post.

In my own case it has been quite the reverse. Three years ago I started with two classes (Mondays and Wednesdays). The numbers increased, so that I had to have another one on Thursdays; then another on Tuesdays. The numbers still increasing, I had to have help, and now I have filled four evenings each week, and have two assistants to help me.

There are about sixty students attending these classes, some so keen on their work as to come four evenings each week. Some come three evenings, some two, and only a very few one evening—those last, perhaps, being servants, only having a certain time out, yet being only too pleased to avail themselves of the opportunity of improving themselves in their needlework.

A few years ago (about four) it was a very easy matter to enter an evening school as a teacher of dressmaking, a certificate of the Tailors' Academy being sufficient, with three testimonials from different people of influence. But now all that is changed, and



No. 7790.—A PLAID SKIRT AND CLOTH COAT.

For Description see Pages 30 to 35.

Price of Paper Pattern. Skirt or Coat, each 6s.2d., post free, of MADAME MYRA, 10 & 11, Foster Lane, E.C.

the Council insist on each person appointed being qualified to teach. To help their teachers who have been appointed for some years, and who are not fully qualified, the Council is prepared to pay a sum not exceeding £1 10s. towards having them trained at any one of the various institutes nearest the homes of the teachers.

To become a teacher of home dress-making in a L.C.C. evening school, a girl or woman will require:—

1. A thorough knowledge of drafting patterns of bodices, blouses, and skirts, and how to adapt these to various other garments, such as long coats, cloaks, capes, dressing-gowns, three-quarter coats, coatees, &c.

2. How to cut out and fit bodices, skirts, coats, and all kinds of boys' and girls' indoor and outdoor garments.

3. To teach all kinds of machine-stitching and ornamental stitchery used in dress-making and coat work.

4. To be able to give demonstration lessons to the whole class, with a copious use of the blackboard illustrating the various stages of work. Each teacher has to make up her own time-table and plan for future use, drawing this up from a syllabus issued each year by the Council.

A notebook should be prepared to help in teaching, filled with the diagrams, which teachers are asked to see are copied where possible by the students.

Specimens of work, in sections, should be prepared for use in demonstration lessons, such as boning, overcasting, facing, fastenings, pockets, collars, cutting on the cross, various stitches, methods of turning up lower edge of skirts, placket-holes, revers, &c.

To fit oneself for this it is decided that a two-years' course is necessary, and I think the best place the would-be teacher could go to would be the Battersea Polytechnic. They have some very good classes there—in fact, they lay themselves out for the training of teachers. The charges are moderate and the teaching staff of the best.

Below I give some particulars which I hope will suit the girl or woman anxious to qualify:—

EVENING SCHOOL TEACHERS' CERTIFICATE.

TWO YEARS' COURSE.

In the case of a dressmaker, with the consent of the authorities and of the teacher of the City and Guilds Institute, the first year's course may be omitted, and the second year's course could be entered on at once, thus saving a year; but in that case the student could not try for a scholarship. Or the first year course could be obtained at a L.C.C. evening school class, the fee being 1s. for the whole course, with an entrance fee of 2s. 6d. for the examination, which is paid to the City and Guilds Institute,



No. 7791.—AFTERNOON FROCK OF STRIPED TAFFETAS.

For Description see pages 30 to 35.

Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

the examination being held at the Camberwell School of Arts and Crafts. I have qualified girls for the examination in my own classes, two entering for the Council Scholarships, they being eligible, having attended for two years and made four hours' attendance for twenty weeks.

First Year.—Ordinary City and Guilds work. If the student has a previous knowledge of dressmaking, one lesson per week of two hours is given. Fee for whole course (from September to May), 12s. 6d. 1. Lessons are given in theory of dressmaking and drafting of bodice and skirt. 2. Specimen bodice is made costing from 15s. to £1. If no previous knowledge is possessed, two classes should be attended each week, or four hours. Fee for whole course, £1 5s.

Second Year.—1. The student must attend dressmaking classes (four hours per week). 2. She must have practice in class teaching and school management (two hours each week). 3. She must understand black-board demonstration or drawing (two to three hours). The fee for the whole course is £2, beginning in September and ending in July. The examination fee is £1. The cost of materials for a whole dress and various half-size specimens of work will cost from £2.

As yet the Borough Road Polytechnic have no such class, neither do they do anything much in this line at the South-Western Polytechnic, Manresa Road, Chelsea. The classes do not form until September. Then, if the student works hard at the first year course, she might try for a County Council Scholarship, which is worth £5. She should try to get on the approved list somewhere about next March, but for this notice the student must watch the "L. C. C. School Gazette."



A BRIDGE COAT AND AFTERNOON BLOUSE.

For Description see Pages 30 to 35.

Price of Paper Patterns, Coat or Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

How about remuneration? For two evenings a week in ordinary evening schools the responsible teacher will receive about £26-£27 for the session; for three evenings a week, £40; for four evenings a week, £53-£54; for five evenings a week, £66-£67. As to the assistants, the first-class assistant teacher receives 5s. an evening, the second-class assistant 4s. To specially good teachers, who can interest large classes, of twenty and upwards, an extra 1s. per evening is sometimes given.

The course of instruction for teachers begins in September, so that any of our readers who contemplate qualifying for teaching dressmaking in a L.C.C. evening school should lose no time in sending for the particulars of necessary qualifications to the Executive Officer, London County Council Education Offices, Victoria Embankment, W.C.

GRAPHOLOGY DELINEATIONS.

All letters must be sent to "Graphologist," MYRA'S JOURNAL OFFICE, 10 & 11, Fetter Lane, E.C.

- (1) To be delineated in these columns, specimens of handwriting must be received on or before the 25th of the month.
- (2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany every letter.
- (3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom-de-plume is also required for printed replies.

PONTO.—This specimen shows keen perception, yet kindness withal. Great attention to order and detail are shown by the careful punctuation and the wide and regular margins. You dislike extravagance in any form, and are prudent and economical. You possess a certain amount of originality. You are cautious and very reti-



No. 7794.—BEAUTIFUL GOWN FOR THE VISITING OUTFIT.

For Description see pages 30 to 35.

Price of Paper Patterns, Corslet Skirt, 1s. 0d.; Blouse 6d.; Kimona Braces, 3d., post free, of MADAME MYRA.
10 and 11, Fetter Lane, E.C.

cent, particularly in the affairs of others. I do not think you would care for many people, but to the chosen few you would be very faithful. Your signature is good, showing sincerity and simplicity of tastes.

MARIAN.—This writing shows a tender and sympathetic nature, with much intuition, and you are very candid. The nature is kind and generous, but the will-power is not always as strong as it might be. A great sense of beauty is shown, and you would appreciate Nature in her many moods. You are artistic and refined, and should have a love for music and harmony. You are good-tempered, and having high ideals, like to think well of everyone—orderly and conscientious.

AN OLD FRIEND (Aberdeenshire).—This writing shows keenness of perception and intuition. You are very careful and methodical, and pay great attention to details. You are very versatile, but are also cautious, and would give great thought before starting any new enterprise. You are quick in your ideas, and sometimes your pen is not able to keep pace with your thoughts. On the whole you are reserved, although there are times when you would give your confidence to trusted friends. Your tastes are refined, and you have sense of beauty of form. Thank you for the kind things you say of MYRA and the Graphology column.

MERCURIA.—Personal dignity is shown by the form of the capitals in this handwriting. You are very reserved and very cautious. Your ideas flow easily and quickly; indeed, so rapidly that you are sometimes impatient with slower brains. You are kind-hearted and ardent, also orderly. In points of interest you are tenacious of purpose. The signature is good, showing simplicity and sincerity. Extreme energy is shown by the long flying bars to the "t's." You are also imaginative and intuitive.

JELLY.—This writing shows a keen sense of duty and honour, the writer would always keep these two well in mind. Love of the beautiful and delight in the beauties of Nature are shown by the simple form of the capitals, also personal dignity. Care of detail and high ambitions and ideals. The temper at times is apt to be a little irritable; but you are very candid and kindly natured. The home and married life is decidedly your sphere, where you would not feel the strain of always trying to keep up with others, as one is bound to do when working for one's living. The signature is very good in its simplicity, showing dignity and refined feeling.

BECKY SHARP.—You have keen powers of observation, a pretty wit, and plenty of perseverance. The easy flowing style of your writing should give you fluency of pen-speech, and you might succeed as a writer of short stories; but let them be crisp, bright, and original, and, above all, true to life. You are self-reliant, and very loyal to your friends.

CHARLES DICKENS (sent with the above).—Excellent business capabilities are revealed by this handwriting. Any position of trust, where secretarial or clerical duties were required, would be most fitting for you. You would make a good accountant or sub-manager in a bank. Accurate and truthful, you have a keen sense of humour and enjoy a good laugh.

THE MOLLUSC.—As a graphologist is allowed to speak without fear or favour, I am permitted to say I fear you have chosen a strangely opposite name, for you are really much too self-centred. The fact that you are shy and of a retiring nature is doubtless originally responsible for this; but you have allowed and even encouraged it until it has become a habit. Come out of your shell, my dear lady; the world is not full of harpies, but kind friends, willing to help you. Cultivate courage and self-reliance, and, above all, widen your outlook on life.

(For other Answers to Correspondents on this subject, see page 42).

No. 7795



No. 7796



No. 7797

TRAVELLING AND EARLY AUTUMN HATS.
For Descriptions see Pages 30 to 35.

No. 7798

No. 7799



ELEGANT DIRECTOIRE EARLY AUTUMN GOWNS

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat or Bodice, each 6¹/₂d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 7800

No. 7801

No. 7802



SMART TAILOR COATS AND SKIRTS FOR THE

For L

Price of Paper Patterns, Pleated Skirts, each 1s. 0½d.; Long Coats, each 9½d.; Sk

No. 7803

No. 7804

No. 7805



FOR THE COUNTRY VISITING OUTFIT OR FOR EARLY AUTUMN WEAR.

For Descriptions see Pages 30 to 35.

, each 9½d.; Skirts, Foundation Skirts, or Short Coats, each 6½d. post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

DESCRIPTIONS OF THE FREE PATTERNS.

[NOTE.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. No turnings are given.]

A SMART THREE-GORE TAILOR SKIRT.

WITH the pretty house blouse (our second Free Pattern) of the same material, this makes a smart indoor or morning outdoor costume for the mid-season. It is a good model for navy, black, or green serge. It makes up well in the excellent "Admiralty" serges, which are all wool and are ready shrunk, so that the material neither spots nor shrinks — indeed the Admiralty serges will stand hot soda water. For patterns of these serges write to the makers, The Leigh Mills Co., Ltd., Bradford,

Shortened, the skirt is a capital shape for cycling or sport purposes—such as golfing, and would look first-rate with the smart knitted golf jacket illustrated on page 14. The skirt is cut full at sides and back from the knees, so that there is plenty of material to fall gracefully right and left of the back wheel for cycling, and to give plenty of freedom to the movements when the wearer is on foot; yet the skirt is without the deep box pleat at the waist, which was always rather difficult to arrange in place; besides, the absence of this deep pleat makes the skirt lighter, as the requisite fullness, to fall correctly, is only where it is wanted — below the hip, commencing from nothing.

The pattern of the skirt is in three pieces: half the front, one circular

side, and its added corner. The paper not being wide enough for the circular side, an added piece has to be given, joining at the double and single notches. A small dart on each circular side helps to fit the skirt. The diagram shows the pattern pieces laid on 4 yards of 48-inch material, which is opened out and double beneath the circular side, so that it is cut in duplicate. The single material is doubled in half (selvedges meeting) the front centre of front pattern laid on the fold so that it is cut in a single piece. A space is marked out on the diagram for the added corner necessary to the circular sides at the back, this corner being seamed up the selvedges at *a b*. These two little seams are not noticeable if well made and pressed where the hem is stitched, because the material falls in rich flutes.

Tack together sides and front, according to the notches, leaving the opening in the left tablier seam. Tack the back seam. Try on. Stitch and press the seams. Cut a light sateen lining on skirt pattern. Finish the side opening by turning in the lining over the serge turning (turned over a narrow band of lino) and stitching down. Close with Newey's Imperial Spring Hooks

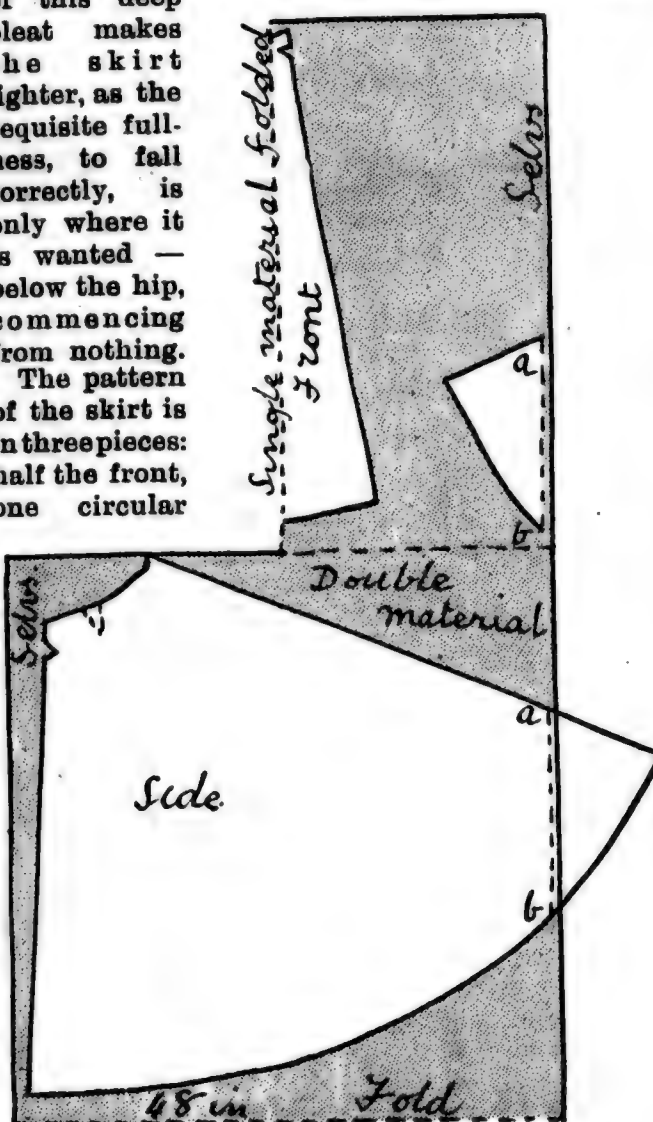


DIAGRAM OF FREE SKIRT PATTERN.

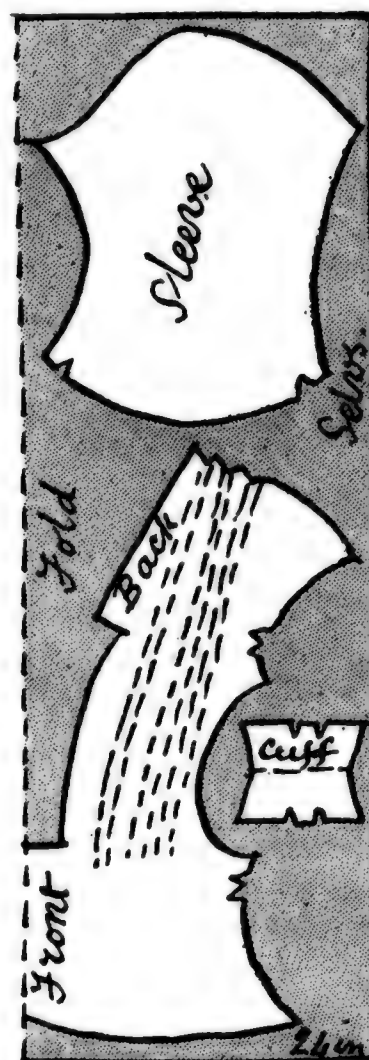


DIAGRAM OF FREE BLOUSE PATTERN.



No. 7806.—AN ORIGINAL STRIPED TAILOR GOWN.

For Description see Page 30 to 35.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Foundation Skirt and Coat, each 6½d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"Your (Free) Embroidered Coatee in June No. is quite the smartest I have seen."—Mrs. W. (Bath)

and bars. Bind the top and close with hooks and eyes. Put the pocket in the opening. Turn up the hem over the lining, and stitch down. Put a band of Prussian binding over the hem's raw edge and see that the rows of stitching hold it well down so that there is nothing to catch foot or pedal of cycle. The hem should be well pressed and shrunk into shape by a very hot iron passed over a wet woollen cloth (white if possible, so that it may not stain the skirt).

A PLEATED HOUSE BLOUSE.

This, with the skirt just described, completes a really smart, well cut frock if made of the skirt material. It is also a capital model for Orwoola, nun's veiling, or cashmere, to wear with any skirt. It makes up beautifully in striped fabrics, the stripes being on the straight in front and coming on the cross, to meet in points, at the back. The sleeve could be on the straight or on the cross. Everybody must like this very charming model, of Kimona type so far that there is no shoulder seam (back and fronts being cut in one piece): but, though the shoulder is a little long, the sleeve is an ordinary

one, seamed into the armhole. This style is most graceful and becoming. An added charm is found in the series of deep pleats (wheelmarked on pattern) and shown by the dotted lines in the diagram, and continued down the backs, made on the blouse shoulder.

The pattern is in three pieces: half the blouse (half of front, one back cut in one), one shirt sleeve, one cuff. The diagram

shows the pattern pieces laid on 2 yards 48-inch serge, which is doubled over, the selvages meeting. The front centre of blouse pattern is laid along the fold so that it is cut entirely in one piece.

Tack the three shoulder pleats. These can be modified in trying on, as, to diminish or lengthen shoulder, the pleats can be increased or let out. They should, however, all be of one width. The lowest



No. 4.—BABY'S CRAWLER OVERALL.

No. 3.
LIGHT KIMONA
WRAP.

Our Four Free Patterns.

NOS. 1 AND 2.—THREE-GORE TAILOR SKIRT AND PLEATED HOUSE BLOUSE.

(For Descriptions see Page 24, 25, & 26.)



shoulder pleat should lie over the junction of shoulder and sleeve. Sew pleats by hand if possible. When the blouse is fitted, stitch on the shoulder and neck straps of glacé silk or linen, which are cut to shape on blouse pattern.

The collar is a 14-inch band of stitched glacé, which can be finished with a French batiste collar. There is a pretty little velvet tie (the new style) made of ribbon, hiding the junction of blouse and collar band. Decorate straps with buttons—wood frames covered with glacé or velvet to match tie. This collar hooks at back. The blouse closes at back with Newey's Imperial Spring Hooks and worked loops. The basque and backs are simply hemmed.

Seam the sleeve. Slit the lower edge for three or four inches for an opening and hem the slit. Gather into the cuff, which is double, the double serving as a lining to be felled over the seam. This cuff can close with two hooks and worked loops, or with buttonholes and glacé-covered buttons. The top of the sleeve is pleated or gathered. It is pinned in place on the

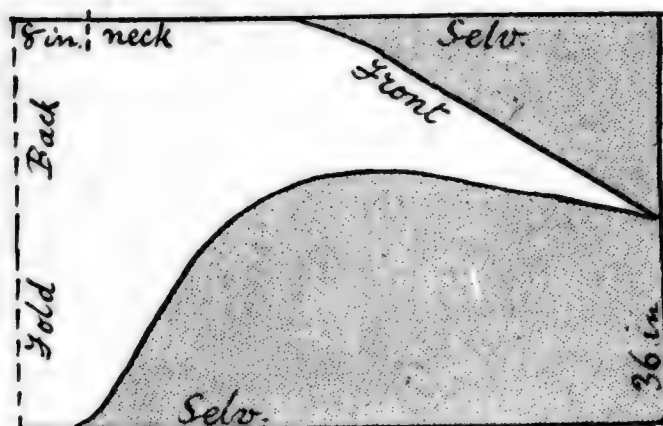


DIAGRAM OF KIMONA WRAP PATTERN.

wearer, and is stitched in, the seams being bound for neatness. The belt should be of glacé, supported on bones.

A LIGHT KIMONA WRAP.

This is an admirable little garment for the mid-season, to throw over light frocks on darker, colder days. It takes a full width of Robinson Brown's 36-inch tussore Department 9, The Royal Silk Warehouse (Macclesfield), edged with a bias band of striped tussore, the bands being seamed at back so that the stripes meet there in V points at bernous hood and back centre. The striped tussore has $\frac{1}{2}$ -in. white stripes.

The pattern is in one piece—half the wrap. The diagram shows the pattern laid on 3 yards 36-inch tussore, which is opened out and is doubled, back centre of pattern laid along the fold, so that wrap is cut in one piece, the length of the garment at back taking the width of the material.

The kimona mantelet can be unlined, or can be lined with thin white silk (matching the white stripe in the "natural" fancy tussore which forms the border). This border looks well about 4 inches wide. A thin lino under the border helps to give substance and make the garment hang

well, assisted by the "natural" tassels at the front points.

Eight inches of the bordered selvedge on each half of the wrap (16 inches in all) is taken up with the bernous hood, the two points being secured together with a few

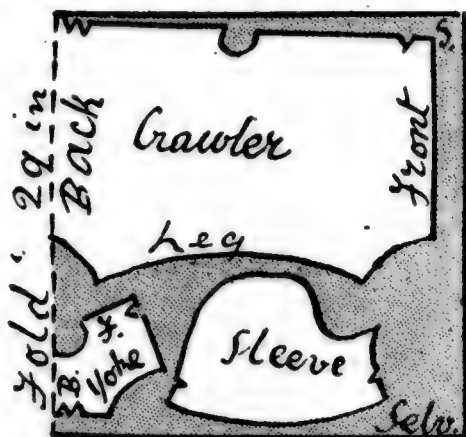


DIAGRAM OF CRAWLER PATTERN.

stitches after the border is put on. This hood can be decorated in the centre with a tassel if preferred.

One or two hooks and eyes on the bust serve to keep the wrap in place, the tails of the hooks and eyes being hidden between the border and the tussore.

This wrap cut longer (in 48-54-inch cloth) makes a lovely early autumn wrap, bound at the edges. It is a pretty model for matrons.

BABY'S CRAWLER OVERALL.

It completely covers the child's frock, and draws up at the sleeves and legs. The chief part of the garment is in one piece—back and fronts being cut in one from chest to leg. This is gathered into a one-piece yoke.

The pattern is in three pieces: half the crawler, half the yoke, one sleeve. The diagram shows the pattern pieces laid on $1\frac{1}{4}$ yards 29-inch washing material—like zephyr, Oxford shirting, &c. This is opened out and is double, the back centres of crawler and yoke laid along the fold so that each is cut in one piece, the sleeve being cut in duplicate. Only the yoke is lined.

Run and fell the crescent seam between the wide legs. Gather the top of the crawler into the lined yoke according to the single and double notches, felling the lining over the gathers. Hem the two fronts with strips of the material, and close with buttons and buttonholes. At the waist the crawler is slightly gathered into a stitched-on beading, through which a tape or ribbon runner is passed. The neck and legs are hemmed with beading, and are drawn up with a similar runner.

The sleeve is seamed, and the lower edge is hemmed with ribbon-threaded beading, the ribbon runner, as in the case of the legs, drawing up the crawler to the child's limbs so as to cover completely the whole frock, and keep it quite clean.



No. 7806a.—KIMONA PINAFORE FOR A LITTLE GIRL.

For Description see pages 30 to 35.

Price of pattern 6d., post free; full size transfers of the embroidery (two straps, two sleeves) 4d.; smocking design, 1d. (Design No. 3, "Smocking," No. 21, "Myra's Library of Needlework,") post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

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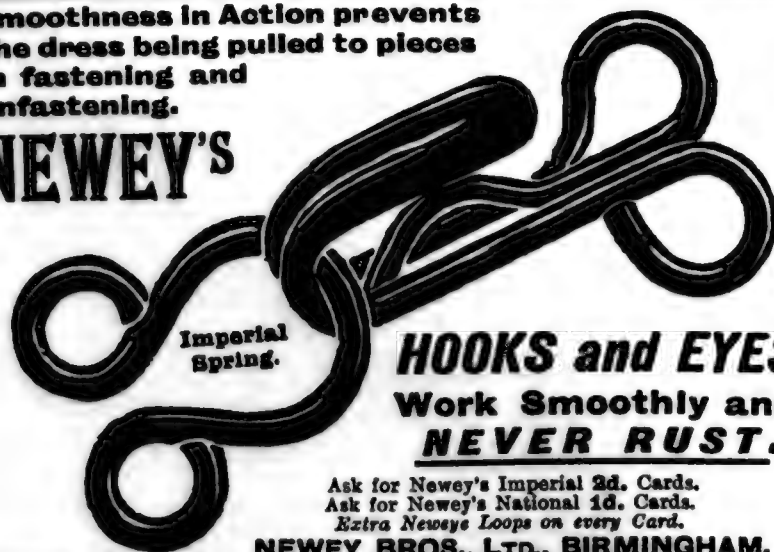
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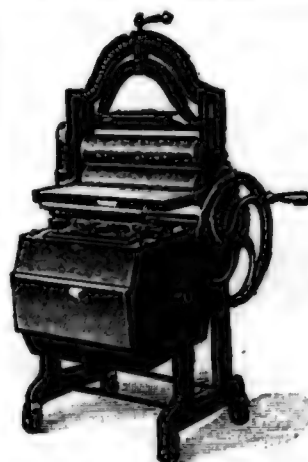
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For Descriptions see Pages 30 to 35.

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Nos. 7814 AND 7815.—INFANT'S LAYETTE; CLOTHES FOR THE YEAR OLD BABY.

For Descriptions see Pages 6 and 8.

Price of Paper Patterns, each 6 $\frac{1}{2}$ d.; Bib, Vest, and First Drawers, each 3 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Descriptions of the Illustrations.

Motor or Travelling Coat.

No. 7774, Two backs and two fronts of **Page 3.** striped tweed, with lapped seams. Stripes come on cross at back seam, meeting in V points. Face fronts with tweed, leaving good turnings to front and facing on right so that they can be finished apart, the buttonholes made in the facing. Stitch down this part of the facing, and slipstitch coat and facing together between each buttonhole. Edge is hemmed. Face collar with the tweed. Coat need be lined to hip only. Pocket flap on each side. The straight sleeve has a lapped upper seam. The material beyond the lap is pleated into the big cuff. Smaller lining at wrist. 52-inch tweed, 5 yards. For the tweed send to Robinson and Cleaver, 40a, Donegall Place, Belfast.

A Smart Travelling Gown.

No. 7775, Good model for Admiralty serge. **Page 6.** Skirt is in five gores, the tablier pleated, the side lapped on front and developing into a tab and pleat. Pleats are wheelmarked. The lap, developing into a tab, is given in pattern, but no turnings. Pleats are stitched down to tab, which is held down with a button covered with serge. Elegant coat—a back, four sides, two front sides, two double-breasted fronts, two inserted pleated panels. Fronts and front sides lap on panels, and are cut in one with tabs. Very smart model. Back seams are lapped. Double-breasted fronts are faced with serge, with added slipstitched revers of velvet edged with silver braid. Buttons can be of white metal to match braid. New sleeve, the under lapped (with tab) over the upper. Line with silk. 48-52-inch serge, 6½ yards. For the Admiralty serge send to the Leigh Mills Co., Bradford.

For the Moors.

No. 7776, Seven-gore trottoir skirt of green **Page 7.** cloth, with stitched hem. Line with green moirette, and wear over green serge knickerbockers. Close in left tablier seam. Coat of green tartan, to be worn open or closed. The lapped part of the fronts can be buttoned back or crossed over each other, with round metal buttons and braid loops. Face fronts with silk edged with silk braid. A green or black silk braid edges the coat all round. There is no collar. Smart two-piece sleeve, trimmed with braid and buttons. Arrangement can be reversed—a tartan skirt and cloth coat. Excellent for the Highlands. 52-inch cloth for skirt, 4 yards. Double-width tartan for coat, 3 yards. The stripes of the tartan must be kept on a level and made to meet at prominent seams.

A Braided Princess Dress.

No. 7777, Dress is cut in nine gores, lined **Page 8.** to hip with silk, and closing at back. Top is cut low, the lining veiled with filet lace. Band collar of filet net. Top is handsomely braided, and so is the two-piece sleeve (arranged into armhole). Excellent model for fine drap souple. Lower edge is hemmed invisibly from the back (the French hem). Wear over a silk or moirette foundation skirt. Lovely kimona, back and front cut with sleeve. Fronts and backs are prettily draped with a buckle in front, a velvet rosette and buckle at back, with velvet drapery round kimona. The revers of the kimona sleeve is stiffened and faced with braided cloth. Elegant model. 52-in. cloth, 8 yards.

A Braided Coat and Skirt.

No. 7778, Four-gore skirt of blue alpaca, **Page 9.** decorated very handsomely with silk braid, which imitates Directoire slit. Wear over a seven-gore "eel" foundation skirt. Semi-fitting coat, with seams front and back left open below waist, and edged with braid to recall the skirt decoration. One-piece collar. Face collar and revers with the alpaca, and edge with braid. Two-piece coat sleeve on a similar lining. Wrist edged with braid. 52-inch cloth, 7 yards.



No. 7816.—A PLEATED SKIRT AND PINAFORE BODICE.

For Description see pages 30 to 35.

Price of Paper Pattern, Skirt, 1s. 0½d.; Pinafore Bodice, 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

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A Striped Tweed Gown.

No. 7779. Five-gore skirt. See that stripes **Page 9.** run straight down centre of each breadth. Trim with broad straps of striped material decorated at intervals with velvet tabs. Wear over a five-gore separate foundation skirt. Smart semi-fitting sacque coat—two fronts, four sides, one back, two waistcoat fronts (of silk matching paler stripe, strapped with silk braid or velvet of the darker colour). Line with thin silk cut on coat pattern, but seamed apart. Waistcoat is single-breasted and closes with metal buttons. Decorate neck and front with appliques of velvet. Two-piece sleeve on a similar lining, with strap cuff decorated with a velvet tab. 52-inch material, 7 yards. For the striped tweed send to Robinson and Cleaver, 40a, Donegall Place, Belfast.

A Silk Muslin Blouse for the Visiting Outfit.

No. 7780. Two backs and three-piece front of **Page 10.** silk muslin, front centre tucked to flat pattern, decorated with straps of lace, which hold the tucks in place. Lace passes over the shoulder and forms straps at the back. Blouse closes beneath tucked muslin strap with small buttons. Band collar of lace. One-piece sleeve on a transparent lining, decorated with lace straps and cuff. Cut away muslin beneath lace straps. Beautiful model. Wear over a glacé underslip matching the muslin. 46-inch muslin, 2½ yards.

Pretty Travelling or Cycling Dress of Grey Striped Tweed.

No. 7781. Five-gore skirt, lined with thin **Page 11.** sateen. The hem is stitched. In cutting, see that stripes run straight down the centre of gores. Close in left tablier seam. Pretty little coat—a back, two fronts, six sides. Back and front seams are lapped. Coat is cut on cross (stripes meeting at lapped seams), except back centre, which is on straight. Waistcoat fronts of thin white cloth hook together. Coat just closes across waistcoat, decorated with buttons (a brandenburgh can be put here to clasp coat). Face the rolled collar with the white



No. 7817.—BABY'S SLIP SKIRT.

For Description see **Page 8.**

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

cloth. Two-piece tailor sleeve on cross, with white cuff. 52-inch tweed, 6½ yards.

A Filet Net Blouse.

No. 7782. Back and front (pleated) are cut **Page 12.** in one piece (pleats wheel-marked on pattern). There is a tucked back and a tucked front panel (tucks wheel-marked on pattern), the front decorated with a lattice of ribbon ruching. The ruching in curls decorate the fronts beyond the pleats. One-piece sleeve on a Brussels net lining, decorated with a valenciennes frill and ruffles of ribbon. Cuff and collar of the filet net, decorated with the ribbon. Blouse closes on left. 27-inch net, 4 yards.

A Kimona Bodice.

No. 7783. To match a long clinging skirt; **Page 12.** cut a fitted white silk lining with three-piece front. Veil front and back with tucked tulle. Band collar to match. Sleeve of the blouse and skirt material pleated on a lining, which is mounted into the armhole. Two-piece kimona, made of the skirt material, pleated (pleats wheelmarked on pattern). Shoulder pleats merge into the sleeve pleats, which are indicated by notches. Fronts and backs are decorated with revers of embroidered satin. Belt of satin to match, supported on bones. 48-inch material, 2½ yards.

Dainty Muslin Blouse.

No. 7784. A front and two backs, neck cut **Page 13.** square and filled in with a yoke made up to flat pattern with rows of filet lace insertion. Collar to match. Blouse closes at back. Front is smartly trimmed with muslin frills and bands of lace insertion. Lace and a frill outline the armhole. Draped muslin sleeve ruffled up the seam on a smaller lining, with lace cuff-band and muslin frill. 45-inch muslin, 2½ yards.

Tailor Shirt of Spotted Flannel.

No. 7785. A back and two fronts gathered **Page 13.** into a one-piece American yoke, right front cut with box-pleat, which holds the buttonholes. Small silk buttons matching spot and new velvet tie. The shirt is made with



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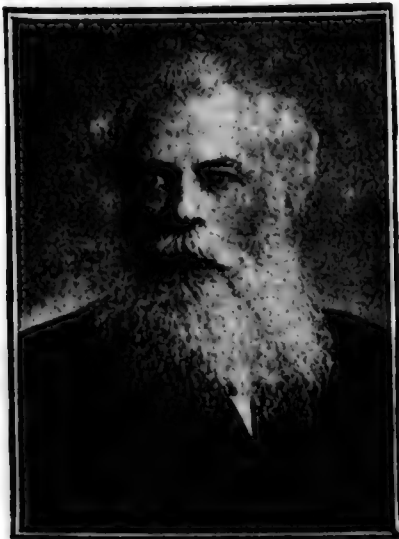
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No. 7818.—SCHOOLGIRL'S SMART FROCK.

For Description see pages 30 to 35.

Price of Paper Patterns, Skirt or Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

narrow collar band, supplied with buttonholes to hold the linen collar. One-piece shirt sleeve with lined cuff. Line yoke. 29-inch flannel, 4 yards.

Pretty Blouse of Mousseline de Laine, Chine Muslin, or Silk.

No. 7788. Kimona front and backs, pleated **Page 13.** on shoulder. There is a smart inlet of velvet or satin, matching the design on material, decorated with lace. A hem of the velvet or satin outlines the lowest pleat over the sleeve. Band collar, tucked to flat pattern, decorated with lace-trimmed velvet or satin band. One-piece sleeve on a smaller lining, with velvet or satin cuff, edged lace. Added basque. Belt of the velvet or satin. 29-inch material, 4 yards.

For Description of No. 7787, see Page 40.

Six-gore Pleated Skirt and Smart Coat.

No. 7788. The skirt is pleated in inverted box-**Page 15.** pleats at seams, the pleats stitched down almost to the knees, and handsomely braided. Invisible French hem. Close in left tablier seam. Wear over a foundation skirt. Elegant coat to match, semi-fitting, with short waistcoat fronts of velvet, the seams front and back being strapped over the shoulders very smartly with the braid, the braid ending in curls on the pleats of one-piece back. Line with silk, cut on coat pattern but seamed apart, edges slipstitched to stitched coat edges and front facings of the material (braided on revers). Collar is faced with velvet. Two-piece sleeve on a similar lining, smartly braided. Good model for serge, tweed, or cloth. 52-inch serge, 8 yards.

WORTH KNOWING.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used HOPGOOD'S NUTRITIVE AND SEDATIVE HAIR CREAM with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

Myra's Journal.

A Striped Tweed Coat and Skirt

No. 7789. Six-gore skirt with stitched-down **Page 15.** front seam, side seams being lapped—lap given in the pattern. In cutting get stripes straight down the centre of side and back breadths. Side seams are decorated with a band of tweed cut with stripes horizontal. Line, or wear over a foundation skirt. Elegant coat to match, semi-fitting, lapped seams front and back, the seams being strapped over the shoulders, these straps having the stripes horizontal. Added waistcoat of rich silk of tweed colour. The basques are prettily rounded, stitched down. Line with paler or white silk, cut on coat pattern but seamed apart, edges slipstitched to stitched coat edges. Collar and sleeves are faced with silk, sleeve strapped at edge. Two-piece sleeve on a similar lining. 52-inch tweed, 7 yards.

A Plaid Skirt and Cloth Coat.

No. 7790. Seven-gore skirt of tartan. In **Page 16.** cutting, see that stripes run straight down centre of gores, the cross stripes meeting at seams. Skirt is fitted above, fluted below the knees, trimmed with a cross-cut strap. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close in back seam. Smart Directoire coat of plain cloth matching general shade of tartan—one back, two short-waisted fronts, two front centres cut with fronts and side of added basque, four short sides. The fronts are faced with the cloth and close with single button and buttonhole, decorated with a lace jabot. Face collar with velvet. Line coat with glacé, cut on coat pattern but seamed apart, the edges slipstitched to coat edges and front facings. The two-piece sleeve, mounted on a similar lining, is stitched to simulate a cuff. 48-52-inch tartan, 5½ yards; 52-inch cloth, 3½ yards.

Afternoon Frock of Striped Taffetas.

No. 7791. Seven-gore skirt of striped black-**Page 17.** and-white taffetas, hemmed with a broad band of black taffetas or velvet. Cut a bodice lining of white silk to close at the back. Veil sides with the striped silk, the top, back, and front with tucked white silk. Band collar of silk, draped on bones, hooking at back. Into this lining secure the tight sleeve, pleated on to a lining. On this mount the exquisite kimona of the striped material, in two pieces, pleated (pleats wheelmarked) and secured with buttons on shoulder, hemmed and strapped with taffetas. The kimona sleeve hangs in tasselled points—very graceful—over the pleated sleeves. 22-inch taffetas, 12 yards. For the taffetas send to Robinson Brown, Department 9, the Royal Silk Warehouse, Macclesfield.

Bridge Coat of Filet Lace.

No. 7792. Backs and fronts are cut each in **Page 18.** one with part of sleeve. Guipure edges the coat and runs up the shoulder. Revers of black velvet, lined silk, edged with guipure. Belt of velvet, draped on bones, passing under the lace in front. 29-inch lace, 7 yards. The new tie of narrow mauve ribbon velvet, ending in a rosette. Wear over any smart blouse. The model illustrated is of silk muslin. Yoke and collar tucked to flat pattern. The front and backs are gathered in several rows. Full elbow sleeve gathered on to a muslin lining. 46-inch muslin, 2½ yards.

Net and Silk Blouse.

No. 7793. Blouse is of filet net—a front, two **Page 18.** backs, a full elbow sleeve on a smaller lining. Overblouse of the skirt material (chiné silk). Front and back panels are of the silk, with kimona fichu and sleeves of pleated chiné silk inlet with guipure insertion. 29-inch net, 3½ yards; 22-inch silk, 3½ yards. The new velvet ribbon blouse tie.

Beautiful Gown for the Visiting Outfit.

No. 7794. Could be worn at the Casino, **Page 19.** for table d'hôte, &c. Beautiful Directoire corselet skirt of palest blue Shantung, cut in shaped gores, slightly draped up at the sides, mounted on a boned nine-piece corselet lining, closing at back. The top is edged with the very smart and original brace of chiné blue ribbon. A tiny safety-pin is secured to the top of the brace, which holds it in place on the shoulder. 36-inch Shantung, 12 yards. Lovely lace blouse, front

and two backs cut in one with the sleeve, which is finely tucked along the shoulder. Band collar is draped on fine bones. Wear over a sleeveless, low-necked under-slip of white glacé. An elegant lace drapery edges the sleeve. 36-inch net lace 4½ yards.

Straw Travelling Hat.

No. 7795. Very pretty model of coarse burnt **Page 20.** straw, with almost flat crown. A strap of straw holding pen feathers in front—the only decoration.

A Felt Travelling Hat.

No. 7796. Of grey felt, draped with shot **Page 20.** taffetas. Cockade of taffetas and shaded wings on left.

A Smart Travelling Hat.

No. 7797. The brim, bound with velvet, is **Page 20.** smartly turned up at the side with roses and velvet loops. Broad band of velvet round the crown.

Smart Gown of Shantung.

No. 7798. These seven-gore skirt is high waisted **Page 21.** at back, and hooks on to bodice. Cut a bodice lining to waist to close on left of centre panel. Drape with front and back panels of filet net and cross draperies of soft white silk. On this arrange the Shantung. The bodice is mounted into a band (on which skirt is hooked), and has an added shaped circular basque. Elegant kimona, pleated on shoulder (pleats wheelmarked). Decorate the pretty kimona sleeve and neck with shaped revers of broché. The sleeve of Shantung, with broché cuff, on a smaller lining, is arranged into the lining armhole. Lower sleeve of net and tucked white silk. Blouse closes with hooks and worked loops. 36-inch Shantung, 12 yards.



No. 7819.—SCHOOLGIRL'S USEFUL RAIN COAT

For Description see pages 30 to 35.

Price of Paper Pattern, 1s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

Elegant Directoire Coat and Skirt.

No. 7799. Seven-gore skirt of fine face cloth, **Page 21.** high waisted at back, to hook on to blouse. Elegant coat, fronts and sides full length, the pleated basque at back being added. Back laps on sides and basques, richly braided. Side corners dip and are cut sharp away to waist, where the coat is open, filled in with a long braided white satin waistcoat. Bonaparte collar and cuffs are decorated with braid, cord loops and rich buttons. The one-piece sleeve is on a shorter lining. Line coat with white satin. 52-inch cloth, 8 yards.

Smart Coat and Pleated Skirt.

No. 7800. Five-gore pleated skirt (pleats **Page 22.** wheelmarked on pattern). Pleats are stitched down for some inches. Hem invisibly from the back—the French hem. Close in left tablier seam. Wear over a separate foundation skirt. Smart coat—two fronts, four sides, one back, two waistcoat fronts (of silk matching paler stripe of silk trimming). Edge coat with braid or cross-cut strap. Revers, cut with fronts, and reefer collar are faced with striped silk. Line with thin silk, cut on coat pattern, but seamed apart. Waistcoat is double-breasted and closes with metal buttons. One-piece sleeve on a smaller lining, with large cuff faced with striped silk. Good model for alpaca, fine tweed, Admiralty serge, or soft face cloth. 46-inch material, 8 yards.

Braided Directoire Coat and Skirt.

No. 7801. Four-gore skirt of grey face cloth **Page 22.** or sicilienne alpaca, with lapped seams in front, decorated very handsomely with black silk braid to imitate Directoire slits. Wear over a seven-gore "eel" foundation skirt. Beautiful coat, with lapped seams front and back left open below waist, and edged with braid to recall the skirt decoration. Revers are cut with front. One-piece collar. Face collar and revers with the material, and edge with braid. Smart sleeve on a smaller lining, with stiffened Directoire cuffs edged with braid. 54-inch material, 7 yards.

The Latest Directoire Coat and Skirt.

No. 7802. Very smart made in aluminium **Page 22.** grey sicilienne alpaca or fine face

cloth. Seven-gore corselet skirt, very clinging, slightly draped in front, mounted on a nine-piece boned corselet of lining. Hem invisibly and wear over a separate foundation skirt. Close at back with hooks and eyes. Beautiful Directoire coat. The back forms a deep point on the skirt. There are four sides and two fronts. Close edge to edge with hooks and eyes. Lace across with two brandenburghs. Face fronts and line basques with white satin, showing in the revers. Directoire collar faced with satin. Coat is lined throughout with white satin, cut on coat pattern but seamed apart. Rich metal buttons. One-piece sleeve on a smaller lining, with satin cuff. 46-inch material, 8 yards.

"Handkerchief" Coat and Long Skirt of Cashmere.

No. 7803. Lovely coat, lined with silk. Basque **Page 23.** (added) open at back, and cut in "handkerchief" points, can be unlined, with stitched hem. Coat consists of two fronts, a front panel (of silk veiled with lace jabot), a back. Double pélerine (can be unlined), stitched at hem like added basque. One-piece sleeve on a smaller lining, gathered into a lined cuff. Band collar of silk veiled with lace. Stitched belt of the cashmere. The skirt is in seven-gores, the sides pleated (pleats wheelmarked on pattern), pleats laced across with cord brandenburghs (which can be repeated on the pélerine). 46-inch cashmere, 8½ yards.

Smart Mid-Season Coat and Skirt.

No. 7804. For serge or tweed. Five-gore **Page 23.** pleated skirt (pleats wheelmarked on pattern). Pleats, alternately box-pleats and inverted box-pleats, are stitched down for a few inches. Stitched or French hem. Wear over a separate foundation skirt. Elegant coat to match, semi-fitting, lapped seams front and back, the seams being strapped over the shoulders. Fronts have a'so smart mitred cross straps. The basques are prettily rounded at lapped seams and fronts, stitched down in several rows. Line with silk, cut on coat pattern but seamed apart, edges slipstitched to stitched coat edges and serge front facings. Collar and cuffs are faced with striped

silk strapped at edge. One-piece sleeve on a smaller lining. 48-inch serge, 8 yards.

Travelling Coat and Skirt of Striped Tweed.

No. 7805. Seven-gore skirt fitted at top, but **Page 23.** flowing at feet. Strap seams with bands or pipings of satin or taffetas. In cutting see that stripes run straight down centre of gores. Wear over a 5-gore foundation skirt. Metal buttons. Dainty little coat: a back, four sides, two two-piece fronts, a reefer collar. A band or piping of the satin decorates front and back seams, and edges the coat, which fits nicely. The buttonholes are made in right front. Face fronts with the tweed, showing in revers, and face collar with the satin or taffetas. A strapped or piped facing of satin is stitched like a cuff on the sleeve. Two-piece sleeve. 52-inch tweed, 6½ yards.

Original Striped Tailor Gown.

No. 7806. Seamless pleated umbrella skirt **Page 24.** cut very circular, taking the width of the striped fabric for the length of the breadths, unless the new stripes (running across fabric) can be secured. This brings the front centre with stripes horizontal. The pleats (wheelmarked on pattern) are stitched down for a few inches. Where not wide enough, seam breadths together, the stripes made to meet. Wear over the seven-gore foundation skirt of silk moirette or sateen. Smart coat: two backs, four sides, and two two-piece fronts, the stripes beautifully fitted. Coat closes with metal buttons and buttonholes, the fronts faced with white satin. Waistcoat fronts, closing edge to edge with hooks and eyes, of white broché. This waistcoat can be omitted. Line coat with glacé, cut on coat pattern but seamed apart. Two-piece flat sleeve faced with velvet strap. Reefer collar and revers have slipstitched velvet facings. 52-inch material, 7 yards.

Kimona Pinafore for a Little Girl.

No. 7806a. The pattern of the pinafore is in **Page 26.** two pieces: one shoulder-strap, and one half of the garment which is cut in a single piece out of 29-48 inch material. From side to side takes the full width, any superfluous

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BACK VIEWS OF NOS.
7801, 7802 and 7803
(Pages 22 and 23).

material being frilled, smocked, or deeply pleated to fit the child across back and chest. Lay the pattern pieces on 2 yards 36-inch nainsook, which is folded in half (selvedges meeting). Centre of pattern is laid on the fold so that garment is cut in one piece. Material is slit up back for an opening. Embroider the edge of the sleeve, which is cut with the pinafore. The shoulder is plain and is decorated with the embroidered strap. For the lovely smocking pattern, see design No. 3, Book No. 21 of "Myra's Library of Needlework" (14d., post free). Full size transfers for the embroidery (two straps, two sleeves) can be had from Madame Myra, 10 and 11, Fetter Lane, E.C., price 44d., post free. The edge is simply hemmed. With a deep hem and several tucks, the pinafore would allow for growing. For beautiful nainsook send to Mr. Christopher Williamson, Department 10, No. 91, Edgware Road, W.

A Chemise of Longcloth.

No. 7807, Yoke is made up to flat pattern **Page 28.** with tucked longcloth and torchon insertion, which is drawn up with ribbon-threaded beading. There is a back and front of the longcloth. Edge neck and armhole with torchon lace. 36-inch longcloth, 3 yards.

Cache-Corset of Longcloth.

No. 7808, Yoke is made up to flat pattern **Page 28.** with tucked longcloth and torchon insertion. Draw up neck with ribbon-threaded beading. There is a back and two fronts, buttonholes made in an underfold of right front. Added basque. Edge neck and armhole with torchon. 36-inch material, 1½ yards. To match No. 7807.

Braided Empire Dressing Gown.

No. 7809, Skirt is cut in five gores, the front **Page 28.** rising to the neck. Sides and backs are gathered at high waist beneath a braided band into the one-piece kimona (cut with kimona sleeve). Good model for cashmere. Braiding edges the full length front, the sleeves, and the neck, developing into a pretty pattern on front panel. Gown closes on left and on left shoulder. Line to waist, the long sleeve being mounted into lining armhole. 46-inch material, 7 yards.

Underslip or Cache-Corset.

No. 7810, A back and two fronts, with yoke **Page 28.** of lace and tucked longcloth like No. 7808. The open neck is filled in with a yoke

of torchon made up in rows to flat pattern. Added basque. Small sleeve, trimmed with torchon. 36-inch material, 2½ yards.

Nightdress of Longcloth.

No. 7811, To match Nos. 7807, 7808, **Page 28.** and 7810. Three-piece yoke, make up to flat pattern with tucked longcloth and torchon insertion. It is drawn up with ribbon-threaded beading, and is edged with torchon. Back yoke is not tucked. Into this is gathered a back and a front of longcloth, eked out with added corners. The front is slit for an opening. Close with buttons, the buttonholes made in an underfold of the longcloth. One-piece sleeve with cuff of tucked material, trimmed with lace. 36-inch longcloth, 7 yards.

French Drawers of Long Cloth.

No. 7812, To match Nos. 7807, 7808, **Page 28.** and 7810. The backs are crossed, finished with false hems. The top is arranged into a lined shaped band, cut low in front. Smart tucked frill, trimmed with lace edging and tucked longcloth band trimmed with torchon. 36-inch material, 3 yards.

Combination in Longcloth.

No. 7813, To match Nos. 7807 to 7812. The **Page 28.** yoke and leg bands are tucked to flat patterns, decorated with torchon insertion. An added strap holds the buttonholes. The wide French legs are finished with a tucked and lace-trimmed frill. 36-inch material, 5½ yards.

For Description of Nos. 7814 and 7815 see
Pages 6 and 8.

A Pleated Skirt and Pinafore Bodice.

No. 7816, The skirt has the tablier embel- **Page 30.** lished with smart pleats on each side, the tablier seams hidden in these pleats which are wheelmarked on tablier pattern. It looks charming in the new aluminium grey serge decorated with grey or black velvet. Skirt top fits very neatly, and there is an elegant flow about the feet. The pattern is in two pieces—one circular side, half the front. Lay the pattern pieces on 4 yards 48-52-inch material, which is opened out and is double beneath the circular side, so that it is cut in duplicate. The single material is doubled in half (selvedges meeting), front of tablier laid along the fold. As the material is not wide enough for complete tablier, an added corner is seamed up the selvedge. Tack together umbrella side and front, according to the single notches. Arrange the pleats, leaving the seam free for some 8 inches on the left for an opening. Try on. Stitch and press the seams. Secure the pleats down for some inches by tacking them inside so as not to show. Finish the opening, when turned over a band of lino, with bands of sarsenet neatly stitched over the lino. Close with Newey's Imperial Spring Hooks and bars. Bind the top and close with hooks and eyes. Put the pocket in this seam. Turn up the hem. Interline with lino and fell from the back: the French hem. The hem should be well pressed and shrunk into shape by a very hot iron pressed over a wet woollen cloth (white if possible, so that it may not stain the skirt). Wear over a separate foundation skirt. Charming pinafore blouse. It goes particularly well with skirt, as its deep pleats on each side coincide with the smart tablier pleats. The pattern is in two pieces: half the blouse, half the basque. The blouse should not be lined, but the basque should be of light mercerised lining or sateen, so as not to enlarge the hips. The beautiful pleats are wheelmarked in the pattern on the shoulders, the deep zig-zags of the lower edge, front and back, showing how the material is pleated into the fitted basque. Lay the blouse pattern on 1 yard 24 inches of serge, which is folded in half (selvedges meeting), the front centre of pattern laid

along the fold. Tack together the only seams—under the arm and the tiny sleeve. Arrange the pleats. Arrange blouse into the fitted basque and try on. Stitch and press small under-arm and sleeve seams. Secure the pleats by tacking inside. Join on the basque with a lapped seam. Hem the basque. Pipe the neck with the velvet and put velvet buttons in two rows down the front. Hem the sleeve with velvet, and finish with chenille fringe. The belt should be of the velvet, supported on bones.

Schoolgirl's Smart Frock.

No. 7818, The skirt is very pretty—a three- **Page 32.** piece panelled umbrella skirt of white serge. In front seams are lapped (lap is wheelmarked on the pattern). Smart overblouse of serge, front centre cut in one with skirt tablier. Into the skirt belt is secured the kimona fronts and back, each front and back cut in one piece. The kimona armhole is edged with a little silk frill. 48-inch serge, 5 yards.

Schoolgirl's Useful Rain Coat.

No. 7819, Of thin, shower-proof coating. **Page 32.** Front centre is cut in one with front yoke, which buttons on left shoulder. Back basques (pleated) are added, but panel and pleated fronts are full length. Pleats are wheelmarked on pattern. Stitched belt. Sleeve is pleated at top and wrist. 52-inch coating, 5 yards.

Kimona Dressing Jacket and Bodices and Dress Details for the Visiting Outfit.

Nos. 7820 No. 7820 is a pretty idea for **to 7826,** a pinafore or evening bodice **Page 36.** decoration—a lattice made up to flat pattern with velvet ribbon, the shoulder straps tasselled. No. 7821 is a kimona dressing jacket (pattern in one piece) of mousseline de laine edged with lace. Tie of lace and mousseline. No. 7822 is a pretty collar of gold braid and silk muslin. No. 7823 shows how to tie the new sash. No. 7824 is a pinafore bodice made out of a remnant from the skirt material, trimmed with braiding, galon, or lace. No. 7825 gives a dainty under slip of Jap silk and lace, cut in three pieces, the shoulder seams hidden by a lace band (silk is cut away beneath lace). Front is gathered with a runner at waist. No. 7826 is a tie of muslin and lace.

A Travelling Costume of Shepherds' Plaid.

No. 7827, Five-gore pleated skirt (pleats **Page 40.** wheelmarked on pattern). See that the stripes run straight down the centre of each breadth. The skirt is decorated with a strap of the plaid. Wear over a five-gore foundation skirt. Smart little coat: two-piece fronts, four sides, a back. Front and back seams are lapped (lapped given in pattern), and there is a triangular piece slipped in the lapped seam, stitched down on back and front centres. Close with velvet buttons. Face collar and cuffs with satin, outlined with striped black-and-white silk. 46-inch material, 7 yards.



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ECZEMA.

IF one visits much in poor districts in towns, or among the labourers' cottages in country villages, one frequently hears some such remark as this on inquiring about a child of one's acquaintance: "Oh, little Jimmy is quite well, and do go to his school regular; his head be terrible scurfy, for sure; but that be a good sign, for his head would not be healthy if it stopped being scurfy, would it, Ma'am?" One has to have regard to the intelligence of the mother before one ventures to suggest remedies for what she has been brought up to believe a healthy condition of things, and in the majority of cases she would be very shocked to learn that the "terrible scurf" points to a form of eczema in the child's system, which in its turn may be due to a constitutional predisposition to rheumatism or gout, or a combination of both.

Of all skin troubles eczema is most difficult to cure, because while there is no part of the body that may not be attacked by it, no two cases that come under one's close observation seem to be exactly alike, or to respond in an equal degree to the same form of remedial treatment. But in every case salt seems to be an enemy to those who suffer from eczema, and therefore sea-bathing is prohibited for one thing, while the daily dietary has also to be most carefully con-

sidered in this respect, for no salt must be eaten with the food at table, and such things as bacon, ham, sausages, pressed or corned beef, salt fish, haddock, kippers, bloaters, shrimps, crab, and lobster, all tinned foods, and all that are usually dressed with condiments into dainty dishes, must be given up, as also must those that tend to cause constipation or indigestion.

On the other hand, it is equally harmful to give a sufferer from eczema what is known as a poor or lowering diet, for in this case the system requires as strengthening a one as possible having regard to the above limitations. Eggs, soft-boiled and poached, milk, fresh butter made without salt, Devonshire cream, wholemeal bread, shredded wheat biscuits, green vegetables, from which the stalky parts have been carefully removed, salads properly made, fresh fruits, especially apples, pears, and green figs, will be the kinds of things that will be advisable and useful, while to all milk puddings and other soft foods Plasmon Powder (sold in 9d. packets by all chemists) should be added, because it will increase the nutritive value of those foods, and increase the strength of the sufferer at the same time.

Underclothing, while it should be light in weight, should be warm enough to perfectly protect the body from risk of chill on any occasion; the ideal clothing is a mixture of silk and wool, or a good make of wool of the weight suitable to the climate and the season.

The first part of the local treatment of eczema is a negative one: no water ought to be allowed to touch the skin that is affected by it. The cleansing can be ideally done in such a way as to purify and at the same time refresh and cool the

hot, irritable skin with the "Cream of Cydonia" which Mr. Mason, 25, Bank Plain, Norwich, originally introduced to us for this purpose, but which is now so largely used as well in place of soap and water, by those who live in hot and skin-drying climates on the Continent as well as in the tropics. If the ailment affects the scalp the best cleanser as well as healer of the skin there is the above Mr. Mason's "Petrolate of Sulphur" (2s. 6d.); but if the face, arms, legs, &c., are troubled by it, the same Mr. Mason's "Cream of Sulphur" (2s. 9d.) is the best possible dressing that can be applied, and this will be found most beneficial and curative as well as comforting.

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Everybody has heard of the beauty competition held by the "Daily Mirror," which accepted, in August, 1907, the challenge of the American Press to find an Englishwoman more beautiful than Miss Marguerite Frey, of Denver, who had been declared the loveliest woman in America. In the course of the competition some 15,000 portraits of beautiful women reached the "Daily Mirror" and of these a committee of distinguished artists selected Miss Ivy Close. This lady's lovely presentment is now to be had in a series of postcards issued by Messrs. C. W. Faulkner in a packet of six, including (beside Miss Ivy Close in three positions) Miss Marguerite Frey and Miss Delia Carson ("Chicago Tribune" competition, the one the loveliest in America, the other the loveliest in Chicago), also a Scotch beauty (winner in the competition of the "People's Journal," Dundee). The postcards cost 1s. the packet

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Late Physician to the King.

Read this eminent authority carefully:—

"At the onset it should be stated that the application of alcoholic hair tonics (and most of the widely advertised remedies of this kind contain larger or smaller amounts of alcohol) is absolutely out of place. Such remedies are extremely harmful, since they only tend to dry the scalp in consequence of the evaporation of the alcohol.
"The colour of the hair is due to a certain pigment derived from the colouring matter of the blood."

Thus we have the highest possible endorsement of the Capsuloid treatment.

The slightest derangement in the blood is shown in the complexion, often in the digestion and general health, and above all in the hair roots. The germs multiply and feed upon them. They do this so quickly that if the hair roots are to be saved, and the colour of the hair preserved, and falling out prevented, the germs must be quickly killed. There is no time to waste in useless rubbing and experimenting. Act upon the highest authority, take Capsuloids immediately. When Capsuloids are taken they are dissolved in the stomach, and day by day pass into the blood. The all important red blood corpuscles are increased in numbers and quality, so that the blood contains all the colouring matter, oxygen, nourishment, &c., which make it the life-giving fluid required by Nature for the destruction of the harmful germs, the nourishment of the hair roots, the restoration of the colour, health and thickness of the hair, and when such blood is supplied to the hair, the complexion, and indeed the whole system quickly benefits from the effect, thus the only remedy which is endorsed by eminent authority, and which has been substantiated by thousands of persons who have taken them is

CAPSULOIDS.

From all Chemists, or from ourselves, price 2/3 per box. Special Sample given when this coupon is enclosed and Three Boxes are ordered direct from us. Larger Sample with Six.

Send for valuable FREE HAIR BOOKLET, which gives full EXPLANATIONS. Call and have your Hair Examined Free between 10 to 2 and 3 to 5.

THE CAPSULOID CO., Ltd., 47, Holborn Viaduct, LONDON, E.C.

COUPON.

MYRA'S
JOURNAL.

Sept., 1908.

EMPLOYMENT BUREAU.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice must be cut out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.

These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

No. 644.—Wanted reliable first hand for small workroom. (Surrey).

No. 645.—Wanted instruction in high-class blouse making. Part time given, part payment. Would assist in good class sweets or newspaper shop from two till four. (S.W.)

No. 646.—Orders for knitting and crochet earnestly solicited. Any articles.

No. 647.—A few lessons wanted in coat making or tailoring, by practical tailor. (N.E.)

No. 648.—Wanted to join someone in dressmaking and millinery business; or shop for children's things. (E.)

No. 649.—Dressmaker at ladies' houses. Practical, experienced. (S.W.) Or visiting housekeeper.

No. 650.—Daily dressmaker. Very good fit and cut. Experienced. High class. 3s. a day.

No. 651.—Wants to manage small dress-making business; medium class. Or would assist in library agency, tea rooms, &c. Country town or village. South.

No. 652.—Practical dressmaker (West End) with good connection wants good fitter-cutter with connection to join her as partner.

No. 628.—Dressmaker wants another to join her in rooms, or a milliner. Either to bring another West End connection, or to increase advertiser's. (Portman Square.)

No. 567.—Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 570.—Dressmaking lessons. On L.C.C. methods. Good style and fit. Terms moderate.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 626. The "Snowflake" Cold Cream. Absolutely pure. No animal fat. Very light, not sticky. Delicious after shaving. Suits the most delicate skin. In jars, 1s. (six for 5s.); $\frac{1}{2}$ lb jar, 2s. (six for 10s., post free).

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

BLIND CHILD (Mrs. L.).—If you write to the office of Gardner's Trust for the Blind, 53, Victoria Street, S.W., and send 4d., you can obtain a valuable pamphlet giving information with regard to institutions, societies, and classes for the blind in England and Wales. This Trust allots pensions and makes grants for instruction in trades, handicrafts, and professions, including music. For any one with a phenomenally good ear, such as you describe, pianoforte tuning would seem to be a good opening. You may be glad also to know of the Home Teaching Society for the Blind, which visits blind children in their homes, same address

as above. The school at Leatherhead is the School for the Indigent Blind, Highlands Road.

DENTISTRY (Ella K.).—Yes, women are eligible to become dentists, and a good many have done so already; but personally I think the long times of standing and the physical strength required do not make it a very suitable occupation for a

No. 7820

No. 7821

No. 7822



Nos. 7823 & 7824

Nos. 7825 & 7826

PRETTY DRESSING JACKET AND DRESS DETAILS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Jacket (No. 7820) and Bodice (No. 7825), each 6d.; the other models each 3d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

woman. As you live in Scotland you may be glad to know that you can obtain the diploma of dental surgery of the Royal College of Surgeons of Edinburgh. Write for particulars to the Treasurer of the Educational Institute of Scotland, 40, Princes Street, Edinburgh, who will tell you the details of the preliminary examination.

LACE CLEANING, &c. (R.F.B.).—I hope to have an article on this subject shortly. Meanwhile let me tell you it would be quite impossible for you to

learn a delicate and difficult craft in three months. I interviewed an expert recently on the subject who was most emphatic on this point. If you cannot get more time I advise you to devote your energies to something else.

DAILY OCCUPATION WANTED (Mrs. C.).—You evidently have a great talent for housekeeping, and it seems a thousand pities that you should not be able to utilise it, but except for a place of business I hardly know where your powers would be available. Moreover, as you take paying guests I can scarcely see how you can spare the time. I certainly advise you, however, to try for a post as lady housekeeper—daily—and I will put a notice in for you. The daily papers, such as the "Telegraph," sometimes contain advertisements of such openings, and I advise you to watch their columns. There might be an opening for you in a boarding house, where the sleeping out might be an objection. I wish I could help you more, for I am sure you are thoroughly capable.

FACE CREAM (M. W.).—I will re-insert your advertisement, and I think if you keep it in regularly it will be sure to bear fruit in time, but, of course, building up a connection is not done in a moment. I think our Free Bargains column would be useful to you, and also a notice in "Hearth and Home." You must cut the printed notice of your cream out of MYRA and send it to me, not the Coupon. As I said before, your cream is so good that I feel sure once it becomes known there will be a steady demand for it. I am glad to hear you intend taking MYRA regularly.

WANTS TO ENTER LIGHT BUSINESS (Hope).—I should be glad to know if you decide to gain my correspondent with whom you are going to stay or not, as curiously enough I have had lately so many applications for partners or partnerships. Your number is 640, and if you would like me to repeat the notice would you kindly cut it out and send it to me. But if you arrange with my other correspondent you will not need another insertion, so be sure and let me know. You should know MYRA well enough now to be aware that names and addresses are never published in this Bureau.

As DAILY DRESSMAKER (Mrs. C.).—In reply to your second letter with your experience you are certainly well qualified to undertake dressmaking, and I am putting your name down for daily work. I think you would be quite qualified for a partnership, and I have a good many openings of the kind just now, if you would care for addresses.

ADDRESS FORWARDED (L. A. F.).—I should be glad to know if you have come to any arrangement with my correspondent.

DAILY DRESSMAKERS (A. E.).—I note that you are willing to go to ladies' houses, but if you want your notice renewed you must send the printed notice to me. Letters for the "Free Bargains" must be sent to the Editor, never to me.

LETTER FOR WORK SOCIETY (Mrs. F.).—I forwarded your letter, and should be so glad to know if you obtained employment.

PARTNERSHIP WANTED (E. W.).—I have received various letters with different addresses from you, and I learn you still want a partnership. I will put in a new notice for you, and hope something suitable may turn up. I have had a good many enquiries for partners, but not I think what you want. I must point out to you that I cannot send private replies unless six penny stamps and a stamped envelope are enclosed.

NOTICE RECEIVED (Miss C.).—I am glad to hear that my correspondent sent you the work. I asked her to do so, and I trust it was to your mutual satisfaction.

LETTER FORWARDED (Madame L.).—Kindly let me know if you arrange anything with my correspondent-dressmaker at Tonbridge (Mrs. H.). I am so glad to hear that you are doing so well, and trust that it may continue.

(Continued on page 42.)

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 3C, Gladstone Avenue, W. G. N.

COOKERY & HOUSEHOLD MANAGEMENT.

PHEASANTS AND PARTRIDGES.

ALTHOUGH in this year of grace it would be idle to prophecy that this or that month will be warm or cold, according to the calendar, we may at least be sure that, according to law, game will not make its appearance before a certain date; and that, though it may be more or less plentiful, and, consequently, more or less expensive, still, game there will be.

The well filled housekeeping purse may afford game at almost any price. Those who possess shooting probably have more game than they want; a residue remains—a very large residue—of people who have much less than they want, and a still larger residue who have none at all. This article is for those who have game now and then, and who hardly know how long to keep it, or how to cook it, and who, when a present of game comes, are secretly rather dismayed, lest after all it shall be of the nature of a white elephant.

HOW TO HANG GAME.—Fresh pheasants and partridges, i.e., those cooked at once, are very little better in flavour, if a little finer in texture, than ordinary poultry; therefore, if their best flavour is to be had, they must be hung for a proper time in a cool place, in the shade, and, if possible, where there is a draught. If the larder be unsuitably placed, or a hanging safe with perforated zinc sides unattainable (the latter, hung under a shady tree, is an admirable keeping place), the next best is a passage which has a door at both ends, or a door and window at opposite ends, and is absolutely free from damp. In fine dry weather game will hang from ten, fourteen, or twenty-one days, but if weather is foggy or "muggy," great care must be taken, and a daily inspection of the birds made, so that they shall be cooked at the proper moment, and not wasted because they have "gone all in a moment," so to speak.

HOW TO TELL WHEN IT IS READY FOR USE.—If a feather can be pulled out from the tail, or lower part of the back quite easily and without resistance, the bird is ready for cooking. If the flesh is at all green the bird must be cooked at once, and the same applies to all much shot game, or game which has got wet in travelling, &c.

HOW TO TELL THE AGE.—When game is received, the first thing to do (if the date of shooting is not stated) is to find out whether the birds are old or young, or shot recently or some time ago. This is easily ascertained by lifting an eyelid. If the eye is deeply sunk the bird has been killed some days; while if bright and full only one, or at most three, days have passed since it was alive. Age may be told by the condition of the beak. If, on holding the bird out by the lower mandible, the beak remains straight and firm the bird is old. If, on the same test, the beak bends the bird is young.

HOW TO PREPARE FOR COOKING.—It is not possible to give a useful lesson in drawing and trussing game without illustrations or actual demonstration, and I should recommend all who wish to learn to ask an obliging cook or poulterer to show the process. This is better than reams of written directions, and once seen there should be little more trouble save what is involved in the adage "practice makes perfect." It may be well to remind my readers that game should not be washed—either inside or out. A damp cloth, clean and sweet, will accomplish all the wiping necessary. The feathers must be plucked out first, very carefully, so that the skin is not broken. (I take it that everyone knows game must be "hung" with the feathers on, and without "drawing" the bird.) After the birds are trussed, slices of fat bacon, slit here and there by a sharp knife to prevent it curling up, must be placed on the breasts, so that in cooking they are kept full of gravy and tenderness, and are not dried up and burnt. The next matter of importance is sufficient and continuous basting; the birds in themselves are dry and need this to ensure proper cooking.

TO ROAST A PHEASANT.—To have this in perfection, after trussing the bird, put $\frac{1}{2}$ lb of raw beefsteak inside it, which will much improve its flavour, and will itself (for it must be removed before serving) be a very tasty morsel for a supper dish. Tie bacon across the breast, as before directed, and roast the bird before the fire, which must be quick and clear, for thirty to forty-five minutes according to size. Baste if possible with butter, and, failing this, with good beef dripping. After twenty to thirty minutes, according to the time allowed, remove the bacon, dredge the breast liberally with flour, and baste freely till time to dish up. This will give it a nice colour and a pretty appearance. Serve on a hot dish, placing a few of the tail feathers in as an ornament, and send bread sauce, fried crumbs, and nice brown gravy to the table separately.

ROAST PARTRIDGE.—Prepare and truss the birds. Roll together loz of butter with half a teaspoonful of salt and a little pepper, and a few drops of lemon juice, and put this inside. Put bacon on the breast as before, and roast as directed for pheasants, for thirty to thirty-five minutes. Have a nicely trimmed slice of toast ready for each bird, and let it cook for ten minutes in the dripping under the bird. When ready, place on a hot dish, place a roasted bird on each piece of toast. Garnish the dish with alternate heaps of fried crumbs and watercress dressed with salad oil, salt and pepper. Send gravy to table separately, and bread sauce also.

Pheasants may be boiled with great advantage, and are very delicious served with celery sauce poured over; or they may be wrapped in well greased paper and stewed in the stockpot. In either of these

cases the trussing is as for an ordinary boiled fowl; and the addition of a little bacon, carrot and turnip, and a bouquet of herbs is necessary, if the birds are boiled only in water.

Partridges may be done in pieces if needed, and fricasséed. A piece of ham must first be put into the stewpan and fried, then the pieces of partridge; and when these are browned nicely, a little stock and tomato ketchup, and a seasoning of salt and pepper must be added. Then simmer for 1 to $1\frac{1}{2}$ hours. This dish must be served with a brown sauce made thus. (Remove the birds when tender, and keep them hot. Skim the gravy, mix a tablespoonful of flour with a little cold water, add it to the gravy, and stir over the fire until it thickens. Taste and season further if needed. Then replace the pieces of partridge, re-ash, and serve on a very hot dish with the sauce poured over.

The recipes given above are those ordinarily preferred, and they are quite reliable, although recipes will be given gladly by correspondence. An answer by post is given when six penny stamps or six penny postal order and an addressed and stamped envelope are sent (to Mrs. Hope, MYRA'S JOURNAL), otherwise letters are answered in MYRA, which means at least month's delay. LETITIA HOPE.

ANSWERS TO CORRESPONDENTS.

Letters must be addressed to "Mrs. Hope," Myra's Journal," Office, 10 and 11, Fetter Lane, E.C.

TO KEEP THE LARDER FRESH.—There is a royal road, dear lady. It is simply a matter of keeping everything scrupulously clean. The shelves must be wiped with a damp cloth daily, and once a week thoroughly scrubbed and well dried. You must see that it is well ventilated, leaving the door open and the window or ventilator after scrubbing is over. It is possible, you say "meat invariably goes wrong, although I hang it up," that the meat-hooks themselves have not been attended to. Scald them well and dry them, and see what that does in preventing taint. Do not keep herrings or strongly smelling cheese near the meat (avoid these altogether the larder if you can), keep muslin over all meats, &c., and do not put any hot foods in the larder. I think if you attend to these little things you will find all go well.—BENZONA.

A DELICIOUS DISH OF BARLEY.—I wonder this is what you want? Wash a good handful of pearl barley and put it into a salt jar, fill up the jar with milk, add a pinch of salt, set the jar, well covered, in the oven early in the evening and let it remain till next morning. Then whip up a gill of good cream and add the barley (cold) to it. Cut up some bananas or oranges, or use strawberries or any other fresh fruit, in the bottom of a glass dish, and dust some sugar over. Add a teaspoonful of wine or rum if you like. Pile the barley and cream over, and decorate the dish as you please. This is really "a most delicious dish," and I hope is the one you have "tasted and longed for, but cannot make."—BELLA VISTA.

COOKERY DIFFICULTIES.—I cannot give you the whole article in the space of an "answer"; but may point out one place where you err in grilling steak. You cannot have been careful to have a clear fire, and to have the grill iron very hot, and very well greased. Then, do you turn the steak with a fork? If so, you will have pierced it and allowed juice to escape—hence, dryness. Use a pair of steak tongs, or the flat of a broad kitchen knife, and you will succeed in turning the steak and retaining the juices at the same time. Let me hear if you want further help.—JU-JITSU.

CURDLED MILK.—The remedy is very simple in your case. You should not have dissolved gelatine in the milk: dissolve it in water, then strain it into the milk, and all will be well. I am afraid I cannot tell you why gelatine curdles milk if dissolved in it. I only know that it frequently does so.—SONNY BABA.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.



Health and



Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page
"Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

FRENCH READER.—As your hair is greasy as well as getting grey so prematurely, the best restorer you can use is Mason's Primrose Lotion (2s. 6d. from Mr. Mason, 25, Bank Plain, Norwich), as this, which will at once arrest the greyness, and is in no sense a dye, will gradually bring back the natural colour, but will not add to the greasiness. To cure the oily trouble you should use the Parma Preparations, which are sold complete in a case for 4s. 6d. by the above Mr. Mason, before you begin on the Primrose Lotion. This treatment will make the scalp more healthy, and in a better condition to respond to the Lotion, and it will make your hair so nice and fluffy and so much more easy to dress artistically. Such a sad condition of hair as yours is now presenting is usually caused by want of tone in the nervous system, and you would be wise to take a course of the Zobeide Elixir (3s. a bottle from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E.), to strengthen your nerves and your whole system, and to give you more buoyancy and confidence, too.

BERTA.—You could quite easily and successfully remove the hair from your arms with Depillos. If you send two penny stamps, with a request for a sample of it, to Manageress, Taylor and Company (Dept. 26), 149, Fleet Street, London, E.C., she will forward you, securely packed and in a plain wrapper, a sufficient quantity for you to test its powers.

ETHIE.—You will be astonished at the beautiful growth of your eyelashes if you gently rub into the margins of your eyelids some of James's Herbal Pomade (1s. 3d. a box, from Mrs. C. James, 268, Caledonian Road, London N.) every night. It is not vanity to want to make the most of yourself, it is a duty one always owes to one's self and one's friends, and it is doubly necessary in these days, when beauty-culture has been elevated to the rank of an art, and when everybody must keep as young and beautiful, at every point, as they can in order to succeed in Society or in business.

ESTELLE.—Massage by means of a cleverly constructed roller, such as that invented by O. E. Horn, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth, who would send you illustrated particulars of it if you cared to have them, will be as good for your face as exercise is for your body, and will prevent it getting "flabby and fat and double-chinned," as you fear it may do. This roller is unlike any other, and is, in fact, a series of little rollers on one bar, on which they revolve, so that the result is a vibratory massage that improves the circulation, and makes the tissues firm and the skin smooth.

DIANA.—It is now quite possible for a woman to remove superfluous hairs from her own face in the privacy of her dressing-room, and the apparatus with which it can be successfully effected soon repays its cost. Write to Madame P. Tensfeldt, Specialist in Electrical Treatments, 40, Shandwick Place, Edinburgh,

for a copy of her book No. 20, called "The Face Perfect," and this will fully explain the Electrolysis Home Treatment. No charge will be made for the book if you say you are a reader of MYRA'S JOURNAL.

M. M.—Very many thanks for telling me of the clever lady who so successfully restores grey hair to its original colour without dyeing it. I wish you would ask her to advertise in our columns, the expense is very little, and so many of our readers would see her address at once.

FANNY.—In hot weather it is not a good plan to wash the face with water during the day-time. If you do it with Beetham's Larola (sold in shilling bottles by all chemists) your skin will lose all that stiff and burnt sensation, and will keep so smooth and soft and white. All you have to do is to put a few drops on the corner of a soft towel, and pass this over the face evenly, then wipe with the dry part of the towel.

DOR.—A good face powder, such as Woolley's Sanitary Rose Powder, which all chemists sell at 6d. and 1s., protects the skin, and gives it a nice velvety surface, and cannot harm it in any way. The above powder has been analysed and certified to be pure by the Institute of Hygiene, so you can use it regularly with all confidence in its merits.

TREE-TOP.—I am indeed sorry to hear that you have such sleepless nights. Will you try the following treatment, which I have found induces sleep even in the most wakeful and restless? On retiring, when the corsets have been removed, practise deep breathing for five minutes as near to an open window as your environment will permit. Then place your feet in a foot-bath of water as hot as you can bear it, in which you have dissolved a lump of common soda about as big as an ordinary walnut. Keep them in until the water begins to feel cool, and then rub them briskly with a towel until dry. Then get into bed, and take, slowly, a cup of Neave's Food (all chemists sell this) made with milk, and quite hot. While your nervous energy is being called upon to digest this light "supper," you will fall asleep in all probability, and you will get a real rest.

RAY.—If you would get a 1s. 9d. box of Mason's Jansia Wrinkle Shields from Mr. Mason, 25, Bank Plain, Norwich, and then moisten about three of the strips and put them across that deep wrinkle that runs down beside your mouth, wear them through the night, and in the morning bathe them off with warm water, and apply a little of the same Mr. Mason's Jansia Emulsine (2s. 6d.) to your face after you have washed and dried it in the usual way, you will soon see a great improvement. The wrinkle will gradually come out, and you will look years younger. Mr. Mason, having discovered the old French recipe for preparing these shields, consisting of valuable balsamic and soothing ingredients, has revived a method of treating lines in the face that was in great favour with celebrated French ladies whose beauty and perennial youthfulness of face have

became matters of history. I advise you to try this treatment without delay. It is inexpensive and harmless, and does not involve professional aid.

NINA.—It is because your hair is so soft and loose that your hat will never keep in position, but rides up in the wind, and lifts your hair by the hat-pins in that unpleasant and sometimes painful way. You should either get a set of the proper side combs, for giving the hair its necessary fulness and keeping it in place (you will need three, for top and sides), or you should buy a very light, moderately-sized hair-frame over which to dress your hair. This, believe me, will make all the difference to your comfort as well as to the well-cared-for look of your personal appearance. Remember, you should always get a hair-frame of really good quality and colour; it will last you a lifetime, and be cheaper in the long run than those for which you pay less money at first; but the chief reason is that if a reasonably good price is paid, frames are made so scientifically and hygienically that instead of injuring the hair by wearing them you benefit it by ensuring perfect ventilation. Unless you can go for the frame yourself (or decide upon the combs), send a little piece of your hair to your hairdresser, who will match that of the frame to it.

ROBIN.—(1) I have just had some blouses made for me by Mme. Course, Blouse Specialist, Rushden, Northants, and though she has never seen me, she has made them to fit perfectly, and they are so dainty, and, withal, so smart, but so inexpensive that I am sure you will be pleased with any work you entrust to her capable hands. (2) To cure yourself of that miserable indigestion take Oatine Kylets (send 3d. for a sample of them to the Oatine Co., 136A, Denman Street, London, S.E.), which will give you such relief, and do you ever so much good. Do not eat ham, pork, veal, beef, cake, or puddings, avoid all tinned or preserved foods, and do not drink tea. A cup of Plasmon cocoa the last thing at night will do you good.

YOLANDE.—Anything that tends to improve the quality of the blood should have a good effect on the hair, and, therefore, if you take Capsuloids for a reasonable time you will not only lose that unbecoming pallor in your face, but your hair will become more healthy, and will grow thicker and longer in consequence. Cut out the coupon that you will find on page 39 of our August issue, and send this with your address and request for their booklet, which explains the whole matter, to the Capsuloid Co., Ltd., 47, Holborn Viaduct, London, E.C.

CHARMETTE.—You can cure your face of those blemishing blackheads, and then close the too-open pores by the following simple treatment: After each of your meals take one of Mason's Tonic Complexion Pills (1s. 2d. from Mr. Mason, 25, Bank Plain, Norwich), and every night until your complexion is clear and fresh and fine again bathe your face with hot water, laying a folded towel wrung out of this over it several times until the skin is humid. Dry it then by patting, and then work into all the parts where blackheads are some of the Cream of Sulphur which the same Mr. Mason sends for 2s. 9d. You will see how the application should be made in a well-illustrated book which Mr. Mason will send you free of charge if you ask him for his "Face Massage and the Care of the Complexion." In the morning wash your face first with hot water and then in cold, and after drying it dip a bit of wadding in about a teaspoonful of Dr. Anna Kingsford's Milk of Aromatic Herbs (2s. 6d. for ½-pint, post free, from the above Mr. Mason), and dab this all over your face, patting with it rather firmly. This closes the pores in a wonderful way, and makes the skin quite white and fine.

GERTRUDE.—Dr. Harlan's Beauty Cup (2s. 1d. from the M-Highwater Laboratory Co., 1-118, Exchange Building, Southwark, London) will plump out your thin cheeks if you use it in the way shown in the Beauty Book, which will be sent with it.

♪Your journal is indeed a great help to me. . . . I have to rely on a good book."—Miss D. B. (Newcastle-on-Tyne).

SUPERFLUOUS HAIR.



"DEPILLOS" (Registered).
MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, TAYLOR & CO.
(Dept. 26), 149, FLEET STREET, LONDON, E.C.

A New and Economical Culinary Handbook is THE "IDEAL" COOKERY BOOK.

By MISS LILIAN CLARKE.

It contains over 200 carefully tested Recipes for SAVOURIES, PASTRY, CUSTARDS, PUDDINGS, BLANC MANGES, CAKES, BONBONS, BISCUITS, and BEVERAGES.

A Reliable Guide to Home Cooking. The Best, Cheapest, and Most Practical.
PRICE 6d. Post free, 7 stamps.

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DRESSMAKERS, write for PATTERNS

We will supply you with a Range of Patterns, and cut any length
At **Genuine Wholesale Prices.**

We stock almost every kind of Fabric you can name, including Tweeds, Cloths, Stuffs, Friezes, Serges, Blouses, Flannels, Flannelettes, Evening Wear, Mantlings, Suitings, Linings, etc.

YOU FIX YOUR OWN SELLING PRICES.
Send your Card or Billhead. Our Trade is with Dressmakers only.
THE DRESSMAKERS' CLOTH CO., ARMLEY, LEEDS.

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get WHELPTON'S, and do not accept anything "just as good."

8256

? Why experiment with secret quack nostrums? The formula of Dr. RITTER'S cure for corpulency is on the label, and your medical man will tell you that Dr. RITTER'S Tasteless Capsules, 2/6 post free, 5 bottles for 10/6, are the only safe remedy for

O B E S I T Y

DEvised BY A QUALIFIED MEDICAL MAN
GUARANTEED ABSOLUTELY HARMLESS.

"Can be taken quite safely."—MYRENE in The Lady.

"Contains no injurious ingredient."—Health.

"The most efficacious and most innocuous remedy."—Woman.

Agent—Dr. O. E. HORN, Bryanston Rd., Bournemouth.

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Oatine

beautifies the complexion and nourishes the skin. It rids the clogged pores of dirt and oily matter that soap and water cannot reach.

A FREE SAMPLE of Oatine Cream will be sent on application, or for 3d. in stamps a box containing eight of the Oatine Preparations, and Book on Face Massage.

THE OATINE CO., 136a, Denman Street, London, S.E.

Threads and Fabrics for EMBROIDERY

Cotton, Flax, Silk
Fast dyes

NEEDLEWORK

Albums and Publications
on every kind of
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Patterns and price list on application

ASTROLOGY NEW DISCOVERIES.

Wonderful Revelations, Future Events, Character, Business, Speculations, Marriage, &c. Send birth date, P.O. 1s. and stamp, for Horoscope (several pages) from the famous Astrologer, NEWTON VERITY, 4, Duke Street, Adelphi, London.

THE TENSFELDT PROCESS

Electrolysis

HOME TREATMENT.

SUPERFLUOUS HAIR.

THE only method of destroying hair-roots is by Electrolysis, which you can now apply for yourself in your own room, as hundreds of my clients have already done, at a great saving of expense.

SPECIAL FREE OFFER

I want to place a copy of my Booklet, No. 20, in the hands of every woman who is a sufferer from this dread scourge of superfluous hair. It is free to you for the mere trouble of asking for it. If you are anxious to rid yourself for ever of this disfigurement, this book will show you how it is possible. Write to-day. I give all letters addressed to me my personal and strictly confidential attention.

All Letters
strictly
confidential.

MADAME
TENSFELDT,
40, Shandwick
Place,
EDINBURGH.



DESIGNS FOR

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by the well-known Artist,
GEORGE C. HAITE.

13 Beautiful Designs

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COMFORT

Thompson's Original Comfort for the Feet Corn Plaster quickly cures Corns, Bunions and Enlarged Toe Joints. Thin as Silk, never falls. Packets, post free, 1/2.

NERVETONINE

THEN THERE'S LIFE IN IT.—Shakespeare.

A vital truth respecting NERVETONINE, literally the Vitalizer, par excellence, in cases of Depression, Sleeplessness, Indigestion, Tired Feelings, and all other such causes and effects of Nerve Impairment. Bottles, post free, 1/10, 2/10 and 4/8. From M. F. THOMPSON, Homoeopath, 17, Gordon St., Glasgow.

YOU cannot have a good, clear complexion if your blood is impure. Blotches, Spots, Pimples, Blackheads, and Sores of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as Eczema, Scrofula, Scourvy, Ulcerated Sores, &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.



HOROSCOPE of Life Events, Changes, Fortunes, Days, Business Guidance, Matrimony, etc. Two Years' Future added. Friend described. Send Birth Date, 1/- P.O. PROF. GOULD, Butleigh, Whitchurch Rd., Cardiff.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck, Arms and Body.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and pumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. Dr. Harlan's Beauty-Cup sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)

Address, K-HIGHWATER LABORATORY Co., 1-11s Exchange Building, Southwark, London.



TOO The Zobeide Tissue Absorbers will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. MAINE, 10, St. Mildred's Road, Lee, London (late 41, Conduit Street, W.).

FAT

Practical Dressmaking for Home Workers.

A BEAUTIFUL KIMONA BLOUSE.

(For Illustration see No. 7787 page 13.)

THIS looks equally well in striped, floral, or plain fabrics. Were material wide enough it should be cut—front, backs, sleeves—entirely in one piece, but it would require a width of some 62 inches, unless a seam is made down front centre.

The easiest and cheapest way of seaming the breadths is shown in the diagram, 22-inch taffetas being employed. In striped or floral fabrics, if stripes or flowers meet accurately, this seam up the selvages, which crosses the pleats of shoulder and back, is quite invisible. Even as it is, in plain fabrics, if the seam is well pressed, it is not noticeable even in front, but very

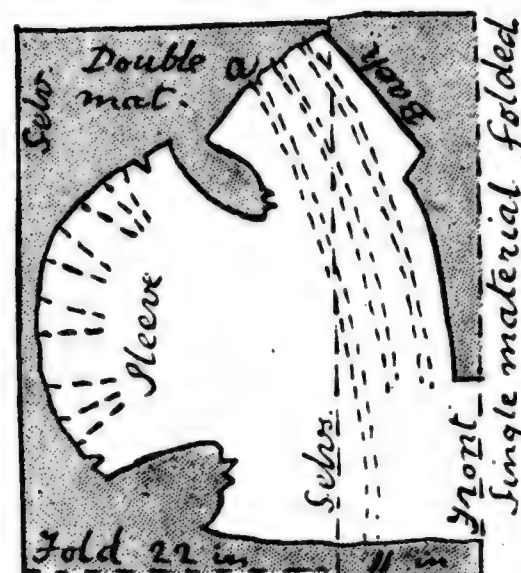


DIAGRAM OF BLOUSE PATTERN.

careful dressmakers, who are not pressed for price, or quantity, or width of material, would make a curved seam running under pleat a.

The pattern is in six pieces: half the kimona, one cuff lining, back and front of vest, half the collar, the black satin vest drapery (this last can be omitted). The vest and collar are of white silk muslin or Jap silk, and are tucked to the flat pattern. The blouse fastens at the back with hooks and worked loops.

The diagram shows the kimona pattern laid on 3 yards 22-inch silk, which is opened out and is double beneath the sleeve part; for the front part, the silk is folded in half, selvages meeting, to be carefully seamed to the selvages of the opened out breadths. The front centre of the pattern lies along the fold of the doubled single breadth, so that, when the



No 7827.—TRAVELLING GOWN OF SHEPHERD'S PLAID.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d; Foundation Skirt or Coat, each 6½d, post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"Being a dressmaker, I find your Journal most useful to me, and feel I do not like to be without it."—F. M.

two selvedge seams are made, the blouse is in one piece.

The blouse forms three deep pleats on the shoulder. The sleeve is pleated up to fit upon the shaped cuff lining. These pleats are wheelmarked on the pattern.

When cut, selvedge seams stitched and pressed, arrange the shoulder pleats, which almost meet at the waist at back. Arrange the sleeve pleats and tack them down upon the lining cuff. Tack the under arm and sleeve seam, and try on. Stitch

the pleats of shoulder (all the way down at back, to the bust in front) and sleeve. Retack the cuff lining in place and hem its lower edge. Stitch and press the under arm seam of sleeve and blouse. Hem the basque. Hem the backs over a band of lining. Sew the Newey's Imperial Spring Hooks down the right back and make worked loops down the left back. Strengthen the square neck with a facing band of silk, and hem with lace insertion. A band of lace insertion forms a sort of under sleeve,

mounted at the edge of the finished silk sleeve.

The vest is made up to flat pattern in circular tucks or folds. Seam the shoulder. Finish the backs with strips of white sarsenet, and put on the fastenings. Make the collar, and mount it in place. The black satin drapery can be omitted and replaced by a little velvet tie of ribbon like No. 7793. This vest can be detachable, or it can be stitched into the square neck of the blouse.

PRIZE RECIPES AND HOUSEHOLD HINTS.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put their name and address on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of prize winners are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

PICKLED ONIONS.—Take small onions, as fresh as possible. Remove the peel until they look clear, being careful not to cut them (before peeling put them in salt and water for a few hours). Put them in a jar with cold white vinegar to which has been added a teaspoonful of white peppercorns and a couple of inches of stick ginger to each quart. Tie down, and in three days pour the vinegar off and boil it and again pour over. When cold tie down for use.—Miss HENDERSON, Cromwell House, 24, Loose Road, Maidstone.

EMERGENCY BISCUITS.—Many people relish a biscuit hot from the oven. Take two cups of pastry flour and add four teaspoonfuls of baking powder and half a teaspoonful of salt. Sift twice, work in two tablespoonfuls of butter with the tips of the fingers, then add three-quarters of a cupful of milk, mixing swiftly with a knife. Drop this mixture by tablespoonfuls on a buttered pan half-inch apart and bake in a hot oven ten minutes. The quantity of milk needs to be lessened or increased according to the particular kind of flour used, but this must be left to the intelligence of the cook.—From Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

GREEN TOMATO CHUTNEY.—5lb. green tomatoes sliced thinly, sprinkle with salt, stand 24 hours, stew slowly in a jar till tender, with 1 quart pickling vinegar, 1lb. brown sugar, ½oz. ground cinnamon, ½oz. ground cloves, ½oz. pepper, ½oz. ginger, cayenne to taste. Beat well. Bottle next day.—Mrs. MULLER, Hutton Lowercross, Guisbro', Yorks.

COCOA-NUT CUSTARD.—2 eggs, 2oz. cocoa-nut, 1oz. castor sugar, 1 pint milk, ½oz. butter. Boil the cocoa-nut in the milk until nicely flavoured, then withdraw from the fire and add the butter, and when cooled a little add the eggs and sugar, beaten well together. Then put the mixture into a well buttered pie dish and bake until firm from 25 to 30 minutes.—MARY FREEMAN, Bushley Green, nr. Tewkesbury.

COMMENDED AND RECOMMENDED.

STRAWBERRY PYRAMID.—Take a pint of rice, and cook it in a quantity of boiling water, until the grains are tender, but not broken. Then drain

it in a colander and rinse with cold water. Drain it a second time, until very dry, and stand the colander over very hot water to re-heat the rice. Season it with a tablespoonful of butter and a teaspoonful of salt, mixing well together. Then put a layer of the rice on a dish, and on it a layer of strawberries, sprinkled with sugar. Then a second layer of rice and another of strawberries until a pyramid is formed, finishing with two or three large strawberries. Cover with whipped cream, and serve cold.—Tunbridge Wells.

STRAWBERRY BASKETS.—Bake ordinary sponge cakes quite brown, and carefully scoop out the centres. Soak some angelica until quite soft, cut into strips, and bend one over each cake to form a handle. Fill the baskets with stalked strawberries, sprinkling sugar over them.—Tunbridge Wells.

ALMOND RUSSIAN TOFFEE.—Boil for three-quarters of an hour 3oz fresh butter, 2 teacupfuls sugar, 2 tablespoonfuls syrup, 1 tin Swiss milk,

FOUR PRIZES, EACH 2s. 6d.,

ARE AWARDED FOR THE

FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,

ARE AWARDED FOR THE

BEST HOUSEHOLD HINTS.

then add 1 deserts spoonful vanilla, pour into greased tins which are well sprinkled with chopped almonds. Cut into squares when cool. While boiling it must be stirred.—Dundee, N.B.

CORNETS À LA CRÈME.—Two eggs, 3oz butter, 3oz sugar, 3oz flour. Beat the butter to a cream, stir in the well beaten eggs, flour, and sugar, mix and beat thoroughly. Drop a teaspoonful of the mixture at a time on a baking sheet. Bake in a cool oven until half done, roll them up and put a small wedge of bread in each to keep them in shape. Return to the oven and bake till crisp. Remove the bread and put a little jam in; then fill up with cream. To make the cream, blend ½oz cornflour with ½ pint of milk, add 2 eggs well beaten, 1oz caster sugar, ½ teaspoonful vanilla flavour. Stir all over the fire till it boils and is a nice smooth paste. To be used cold.—Darlington.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

TO TAKE INK OUT OF MAHOGANY.—Dilute half a teaspoonful of oil of vitriol with a large spoonful of water and touch the part with a feather. Watch it, for if it stays too long it will leave a white mark. It is therefore better to rub it quickly and repeat if not quite removed.—Mrs. BURDETT, 22, Morton Crescent, Exmouth.

BREAD IN ROASTER.—For years we have baked our bread in a meat roaster. Anyone who tries this will never bake bread in an open pan. When the bread is ready to rise the last time mould into loaves and place in the lower part of the roaster. Put the cover on, and when ready, bake as usual. The crust will be an even brown all over, and the bread lighter than when baked in the old way.—Mrs. C. LEE, Cosy Hall, Sutton, Co. Dublin.

Many a piece of good ribbon is cast away merely because it is soiled. A few minutes and a small amount of trouble will, however, make the old ribbons new. Take a length which has been discarded as useless and try the effect of the following:—First mix together ½ of a cupful of gin, ½lb. of honey, ½lb. of soft soap, and two table-spoonfuls of water. Lay the ribbon flat upon a clean kitchen table and with a hard toothbrush scrub it well on both sides. Rinse it well in three different clean waters, hang it up dripping, and after a minute or two place it on a cloth and iron it rapidly with a very hot iron.—From Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

TO FRESHEN A DUST-SOILED DRESS.—Light cloth dresses soon become soiled at the hem, and if not mud-stained can be made to look fairly clean in the following simple manner: Take a thick crust of stale bread, cut the crust away around the edges, so that only the crumb touches the dress, and rub the soiled parts with it, cutting a thin slice off the bread as the surface gets dirty. This makes a considerable difference to the look of a garment, and although it will not take out stains, it is well to clean it in this way before removing stains in the usual manner.—(Mrs.) H. STORR, 5, Albury Ride, Waltham Cross.

COMMENDED AND RECOMMENDED.

TO TAKE IRON STAINS OUT OF MARBLE.—An equal quantity of fresh spirit of vitriol and lemon juice being mixed in a bottle, shake it well, wet the spots, and in a few minutes rub with soft linen till they disappear.—Devon.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and
FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before September 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.

SEPTEMBER, 1908.

HOUSEHOLD HINTS.

SEPTEMBER, 1908.

The Result of the Competition will be published in the November number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications must not be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

AN AMERICAN.—Many thanks for your kind appreciation. I am very pleased you like our Free Patterns. We claim to be at least six months ahead of the styles which have become popular, so that you can safely copy our designs for your daughter's trousseaux—they will be perfectly up-to-date six months hence. You must not try to let down a velvet hem. Though the child's short frock prevents rubbing through, you will find the pile quite disfigured there. Your best plan to lengthen the skirt is to cut off a band at the lower edge—the width of the wide hem—and fill in with a band of necessary width of white satin covered with the broad cream insertion to match the lace on the bodice. You can lengthen the sleeves by a band of the insertion, and lengthen the bodice by a wide lace shoulder strap. As the bodice is full you can let it out a little to get the required width; or you can insert a plastron of white satin and lace. If you had sent me a rough sketch I could have been more explicit.

ODD MAN.—(1) Write to Robinson and Cleaver, 40R, Donegall Place, Belfast, for patterns of their Irish tweeds. (2) Messrs. Head and Sons, the Golden Tassell, Sloan Street, London, W., will make you the passementerie motifs to match your coat. You will never find them ready-made. That delicate mole tint is not sufficiently commonplace to find a trimming to match it in every shop. (3) You could match the shade in Louis Velveteen for a long Directoire Skirt. This should be quite untrimmed. (4) A grey felt hat would be best, but you may have to order it, as it should match the cloth coat exactly. If you do not feel inclined to do this, have the hat in white felt, with shaded grey-and-white feathers.

RUNNYMEDE.—(1) Some beautiful Directoire evening gowns will be illustrated next month (October number). They will appear in ample time for you. (2) The Greek coiffure is to be very fashionable for evening dress; it accompanies well the Directoire gowns which were modelled originally on classic draperies. (3) Copy the gown, No. 7798. You can use the broché velvet for the trimming on the bodice. The skirt ought to be quite untrimmed. (4) Make up your heliotrope serge on the free blouse and skirt patterns. This will give you the bodice and skirt. For the coat, copy No. 7804, using the darker velvet for the collar and cuffs. When you wear the coat, have a lighter blouse of white silk or lace.

Owing to pressure of space many answers are crowded out and have been sent by post.

GRAPHOLOGY.

(Continued from p. 19.)

PATIENCE.—This handwriting shows a tendency to despondency at times. Kind-heartedness, generosity, and a love of children and animals. You possess considerable love of home life, and a certain amount of intuition. You are very candid, but when necessary can be reserved. The will-power needs developing, as it is not so strong as it might be, and you do not pay enough attention to detail. Love of harmony and music is shown by the margin and soft curves of the writing. The simplicity of the signature is good, disliking ostentatious display, but at the same time shows a liking to stand well with your friends.

E. J. (Somerset).—You have omitted to give a pseudonym, so I hope you will recognise this reply. You are very musical, and should have ability both as a composer and as an executant.

Fond of society, and have good taste in dress. The temper is quick, and you are inclined to be wilful; but you are affectionate, so that your anger never lasts for long.

ROWENA.—You are possessed of sound common sense, with a very clear and capable mind. You would make an excellent housewife; economical, yet by no means parsimonious. You are methodical in your work, and take a pride in neatness. You are somewhat ambitious socially, and like to stand well with your friends.

MILANESE.—The delicacy and grace of your penmanship, and decided slope of the writing, show a very tender and sensitive nature, coupled with almost ultra-refinement, so that anything in the way of ostentation or display would be particularly repugnant to you. Poetic and romantic by temperament, you are fond of the country, and a great lover of nature in all her moods.

TOPSY.—This handwriting shows a vivacious and rather excitable nature, very fond of pleasure and gaiety. Strong will and a quick temper are shown; impulsiveness, warmth of attachment, and generosity; but you are versatile almost to unreliability. The signature shows love of effect, and some self-assertion, showing you like to have your own way in all matters of personal interest.

ROYAL ASCOT.—There is a decided vein of vanity in this writer's disposition, and the curled letterings show pretension; but you are clever, and have very original ideas upon things. Supple with your fingers, you should be deft at dressmaking or hair-dressing, for you have a talent for skilful arrangement. A post as lady's maid would suit you excellently. You are sincere in your affections, and would be very loyal where you love.

KITTY.—No coupon was enclosed with this specimen; will the writer kindly read the rules, and send again?

COUNTRY.—This handwriting shows a very energetic and restless nature, is careful of detail, and economical. Should be a good housekeeper. Self-reliance is shown, and a rather quick temper. The writer is one who likes to have her own way in most things, and is, on the whole, a good judge of character.

TOM TIDDLER.—This specimen is really too short for delineation. You are good-tempered, fond of all outdoor pursuits. The will-power is not sufficiently strong; more decision and self-control should be cultivated. Intuitive and affectionate.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Continued from Page 36.

PARTNER WANTED (B.).—I learn from my other correspondents that you did not come to terms, and I have since sent you several addresses, one of which, at any rate, I hope will suit you. I will reinsert your notice with the necessary additions. Kindly let me know as soon as possible if you come to terms with anyone.

LETTER FORWARDED (J. F.).—I forwarded your letter to 616, and I should be glad to know if you arranged anything with her, and if so, if she gave satisfaction. It is always such a help to me when I am asked to recommend anyone.

PERSONAL INTERVIEW (M. T.).—I am sorry that I am quite unable to grant this to anyone, but if you would write to me fully I should be glad to help you by letter. I forwarded a letter to you the other day, and I should be glad to know if anything resulted.

COAT MAKING AND TAILORING LESSONS WANTED (R. B.).—I sent you some addresses, which I hope were of use. I should be glad to know.

PARTNER WANTED (E. W.).—Surely you know by now that it is not the coupon, but the printed notice, that must be sent up for reinsertion. Till I get that I cannot put it in again.

WORK FOR SPARE TIME (L. B.).—If you will send a stamped envelope I will forward it to a work society which has openings for first-class work. I will put a notice in, as there is some opening for those who crochet, &c., really well; one lady I know gets quite a number of orders. The round-shaped shawls are very popular at present, and are very easily made. You might also try some of the big West End shops. They are of use occasionally, and can sell such things at Christmas time.

BLOUSE MAKING (Mrs. H.).—I am sure you are most energetic, and let me tell you that I have a good deal of experience of catering, and that I think the sum you name entirely inadequate. Tell your husband so. He should try himself if he wishes you to accomplish impossibilities. There is a great opening for good blouse-makers, and I have sent you an address that may be of use to you. I advise you to try and get lessons in the making of ladies' shirts. There is a great opening for such work, and I am constantly asked for such workers, but you must learn to cut on the American principle, and you must remember that shirt cutting and blouse cutting are two different things. I wish you all success, which I am sure you deserve.

ASSISTANT WANTED (Mrs. W.).—I had put a notice for you in my Register, and I occasionally have such workers on my books. They are, of course, much in demand. As this is the slack season, it is, of course, a good time to make the inquiry, and, doubtless, I shall be able to find someone for you.

DRESSMAKER AT LADIES' HOUSES (E. S.).—Many thanks for all your good wishes. I have given your name frequently, so I hoped to hear you had had work from some of my correspondents.

FANCY WORK (B. G.).—I am glad to hear of your good order, but sorry to learn that you did not get any work from the lady whose letter I forwarded. I expect it was a mistake. You must have enjoyed your country visit, and, I think, later on, I should try the Work Society again.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

SEPTEMBER, 1908.

DRESS AND HAIRDRESSING.

SEPTEMBER, 1908.

HEALTH AND BEAUTY.

SEPTEMBER, 1908.

GRAPHOLOGY.

SEPTEMBER, 1908.

ETIQUETTE.

SEPTEMBER, 1908.

COOKERY & HOUSE MANAGEMENT.

SEPTEMBER, 1908.

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen." —N.B.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, September, 1908.

DRESS AND MILLINERY.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

DRESSMAKER. Town, country, at ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

SKIRTS AND BLOUSES for sale.—Fillisette, 18, Barrowhill Road, St. John's Wood.

ARTISTIC MILLINERY.—Smith and Everest, 3, Cancell Road, Brixton.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6d., 1s. 11d. yard; patterns free.—Smith, Warehouseman, 128A, Albert Road, Portsmouth.

SKIRTS, Navy or Black, to measure, 5s. 6d.—Pinchback, 53, Guildford Road, Greenwich.

EMBROIDERED BLOUSES from 6s. 11d.—Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Mrs. Harlow, GOOD DRESSMAKER; ladies' houses—232, Ashmore Road, Maida Hill, W.

Madame White, ARTISTIC BLOUSES, DAY and EVENING GOWNS, renovations, good fit.—299, King's Road, Chelsea, S.W.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood. Millicent Wright, 45, Artesian Road, Westbourne Grove, W., LADIES' MATERIALS. Moderate.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

CERTIFICATED TEACHER OF DRESS-MAKING. Guerre system.—F., 69, Rhyl Street, N.W.

DRESSMAKER, Daily, or at home. Experienced.—Miss Connery, 8, Haselrigge Road, Clapham, S.W.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, 1108, Queen Street Buildings, Edgware Road, W.

BLOUSES.—Ladies' materials; perfect fit and finish; exceptional testimonials for promptness and reasonable charges.—Madame Course, Rushden.

BLOUSES stylishly made from 2s. 6d. Ladies materials.—Miss Paulina, 129, Marlow Road, Anerley, S.E.

DRESSMAKER, any style; clever renovator; ladies' house or home.—36, Ambler Road, Finsbury Park, N.

DRESSMAKER, daily or at home; coats, blouses, renovations, &c.—Mrs. Goddard, 35, May Street, West Kensington.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

COSTUMES, DRESSES, any style and size, made to fit, 25s. complete; BLOUSES from 2s. 11d.; dainty underwear, &c.—25, Mysore Road, Lavender Hill, S.W.

DRESSMAKER, daily, at ladies' residences. Coats, blouses, renovations, &c. Mrs. Goddard, 35, May Street, West Kensington.

Mrs. Drake, ARTISTIC BLOUSE MAKER and MILLINER. Ladies own material. 66, Richmond Road, Bayswater.

DRESSMAKER, at ladies' house or at home.—Miss Pees, 7, Evandale Road, Brixton, S.W.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. n3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. n3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo.—Sigworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MISCELLANEOUS.

LADIES should not throw away their old corsets, but send them to Madame Lee, Elm Grove, Southsea, who will clean or renovate them equal to new. Charges strictly moderate; trial solicited.

CROCHET PATTERNS.—Edgings, twenty 7d.; wide handsome, four 9d.; corners, four 1s.—Rowland, 13, Holland Road, South Norwood.

CANARY, dresses, blouses, corsets, stockings, underclothing. Offers.—Violet, 71, Oakfield Road, Anerley.

MANICURE AND FACE MASSAGE.—Ladies visited. Lessons given.—Christine, 172, Broadway, Bexley Heath.

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

CORSETS (French or English) made to order; neatly repaired. Ladies supporting belts. Moderate charges.—Corsetiere, 168, Church Street, Kensington, W.

TAIL OF GOLDEN HAIR, very long, 10s. 6d. Cost £1.—Annie, 299, King's Road, Chelsea.

CORSETS.—Miss A. Caudell, 6, St. Julians Road, Kilburn, N.W.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement each month, and she states under which column she wishes her name to appear. Please write distinctly.

DRESSMAKERS' COUPON.
SEPTEMBER, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Miss E. Bessant, 61, Aytoun Road, Brixton, S.W.
Miss Connery, 8, Haselrigge Road, Bedford Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. Goddard, 35, May Street, West Kensington.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
Miss Louise, 168, Church Street, Kensington, W.
Miss Pearl, 18, Bruce Road, South Norwood.
Miss E. Robinson, 69, St. Thomas Road, Finsbury Park, N.
Miss Smith, 14, Pendennis Road, Brislington, Bristol.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss L. Steward, 27, Bradgate Road, Catford.
Miss M. Troubridge, 56, Upham Park Road, Chiswick.
Miss Willson, 77, Cloncurry Street, Fulham Palace Road, Fulham, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Madame Eugénie Baroux, 39, Arthur Road, Tollington Road, N.
Miss E. Bessant, 61, Aytoun Road, Brixton, S.W.
Madame Clare, 1, New Quebec Street, Marble Arch, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss Davies, 120, Seymour Road, Harringay, N.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. England, 440, Edgware Road, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madame Marion, 26, Homecroft Road, Sydenham, S.E.
Laura Norman, 2, Pownall Road, Fulham, S.W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Smith and Everest, 3, Cancell Road, North Brixton, S.W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Miss Walwyn, 59, Cambridge Mansions, Battersea Park, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madame Marion, 26, Homecroft Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

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The "Louis" Velveteen

Spelt **LOUIS**

*Has the Appearance of a
Beautiful Silk Velvet!
and lasts longer.*

Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 57, Newton St., Piccadilly, Manchester, who will furnish the address of the nearest Draper supplying it.

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SWANWICK

FAST BLACK
HOSIERY.



WHY? Because it is free from Arsenic and of such Fast Dye that it cannot stain the most delicate dress.

It is most exquisite in Shape, Comfort, and Fit.

It is the most Hygienic Hosiery made.

Sold everywhere in Thread, Cotton, Cashmere and Silk, with Lace, Plain and Embroidered Fronts.

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SOILED BLOUSE

Cleaned for 1/3

WE RETURN IT TO YOU
DRY CLEANED,
LOOKING LIKE NEW.

Dresses Dry Cleaned for 4/-.

Send for Price List of other Articles at equally Low Prices.

CLARK & CO., 9, Hallcroft Road, RETFORD.



"Oldest & Best."

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**SAVE
BUYING BY DYEING**

Summer Dresses and Costumes the darker shades now fashionable. Furs and Fur-lined Garments cleaned and remodelled. Feathers, Gloves, Hats, Gent's Suits and Overcoats, &c., also Curtains and other Furnishings Cleaned and Dyed.

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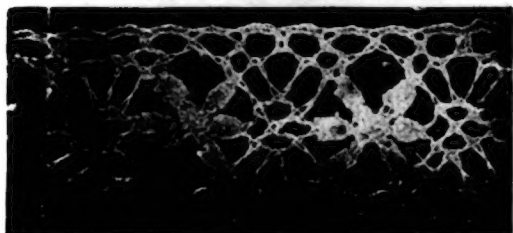
NO MORE
ROUGH HANDS.
SOFT
WHITE SKIN.

IS UNEQUALLED FOR PRESERVING
THE SKIN & COMPLEXION
FROM THE EFFECTS OF
THE SUN, WINDS, AND HARD WATER.
IT REMOVES AND PREVENTS ALL
ROUGHNESS, REDNESS, IRRITATION, TAN, &c.,
AND KEEPS THE SKIN DELICATELY
**SOFT, SMOOTH, AND WHITE
AT ALL SEASONS.**

If used after Cycling, Motoring, Golfing, Tennis, &c., it will be found
DELIGHTFULLY SOOTHING AND REFRESHING.
Bottles, 1/-, 1/6, and 2/6, of all Chemists and Stores M. Beetham & Son, Cheltenham.

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Are an actual reproduction of Real Torchon Lace (by a new patented process)



exactly as made by Handworkers on the cushion. All genuine "BB" Torchons bear the above Regd. Mark embossed on every card. To be obtained in a variety of shapes and widths.

"ADMIRALTY"

ALL WOOL, FULLY SHRUNK

SERGES

WILL NOT SPOT, COCKLE or CHANGE COLOR